## Curriculum vitae Of

**Dr VIJAY KUMAR GUND** 

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### PERSONAL DETAILS:

Name E-mail

**GMC** registration

**Royal College of Anaesthetists** 

MPS number

Memberships

VIJAY KUMAR GUND

Full registration No: Specialist Register

Reference No:

o Medical Protection Society

o British Pain Society

o Obstetric Anaesthetists Association

o Royal College of Anaesthetists, London.

o British Medical Association

o Indian Society of Anaesthetists

(life member)

### QUALIFICATIONS:

CCT in Anaesthesia	Sep 2008	PMETB, UK
Advance Training in	Feb 2008	The Walton Centre for Neurology &
Pain Medicine		Neurosurgery, Liverpool, UK
FCARCSI	Mar 2005	The College of Anaesthetists, RCSI,
		Ireland
MD	Oct 1998	SMS Medical College &
		attached Hospitals
		(University of Rajasthan), Jaipur, INDIA.
MBBS	Dec 1992	SMS Medical College,
		(University of Rajasthan), Jaipur, INDIA

#### **Personal Statement**

I started my anaesthetic career in India in July 1995 at SMS Medical College, Jaipur. I obtained a MD in Anaesthesia and worked as a Registrar in a teaching hospital.

I moved to the UK in 2001 to continue my anaesthetic career. My first post was at Altnagalvin Area Hospital Londonderry in May 2001. Soon I joined Charles Waterton School of anaesthesia as Senior House Officer & then was appointed specialist registrar in the Stoke School of Anaesthesia in Sep 2003. I have completed all the core modules of training as published by the Royal College of Anaesthetists. This included 8 months in Intensive Care. I also spent three months for higher Paediatrics Module at Birmingham Children's Hospital.

I worked as locum Consultant in Anaesthesia & Pain Management at Warrington & Halton Hospitals NHS Foundation—Trust since October—2008.—This gave me\_an opportunity to go through the transition phase from being a trainee to the responsibility of a consultant. I have been involved in supervising trainees & middle grades directly or indirectly. I have been participating in on-call rota (1:12). I provide anaesthetics to variety of specialities which includes ENT, GI surgery, Gynae day case & weekly trauma list. Sometimes I do anaesthetise for other specialities like Urology, Orthopaedics, Ophthalmic etc to cover the absences of colleagues & waiting list initiatives.

In September 2009 I was successfully appointed as Consultant Anaesthetist on substantive post in the same dept.

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### **Present Appointment:**

Consultant in Anaesthesia & Pain Management Warrington & Halton Hospitals NHS Foundation Trust Since 09-09-2009 till date

Locum Consultant in Anaesthesia & Pain Management Warrington & Halton Hospitals NHS Foundation Trust Since 03-10-2008 till 08-09-2009

# Specialist Registrar training in Anaesthesia and Intensive Care, Stoke School of Anaesthesia, West Midlands Deanery:

I have been trained in the following 05-08-08 to 02-10-08	ng hospitals during my registrar rotation.  Royal Shrewsbury Hospital  Mutter Oak Boad, Shrewsbury, SV3,8XO
	Mytton Oak Road, Shrewsbury, SY3 8XQ
01-02-08 to 05-08-08	University Hospital of North Staffordshire Newcastle Road, Stoke-on-Trent, ST4 6QG
01-02-07 to 31-01-08	The Walton Centre for Neurology & Neurosurgery Lower Lane Liverpool, L9 7LJ
01-08-06 to 31-01-07	University Hospital of North Staffordshire Newcastle Road, Stoke-on-Trent, ST4 6QG
01-05-06 to 31-07-06	Birmingham Children's Hospital Steelhouse Lane, Birmingham, B4 6NH.
01-08-05 to 30-04-06	Staffordshire General Hospital Weston Road, Stafford, ST16 3SA.
01-08-04 to 31-07-05	University Hospital of North Staffordshire Newcastle Road, Stoke-on-Trent, ST4 6QG
07-09-03 to 31-07-04	Royal Wolverhampton NHS Trust New Cross Hospital, Wolverhampton

	Previous Appo Senior House Officer	ointments: Feb 2003 to Aug 2003	Department of Anaesthetics (Rotation) Dewsbury & District Hospital Dewsbury WV10 4HS	
	Senior House Officer	Aug 2001 to Feb 2003	Department of Anaesthetics (Rotation) Pinderfield & Pontefract hospitals Pontefract & Wakefield West Yorkshire	
	Senior House Officer	May 2001 to Jul 2001	Department of Anaesthetics, AltnagelvinAreaHospital Glenshane Road, Londonderry, BT 47 6SB	
	In India:	ens production of the contract		And the second of the second
	Senior Residency	January 2001 to April 2001	Department of Neuroanaesthesiaology, All India Institute of Medical Sciences, New Delhi, INDIA.	
	Senior Residency	January, 1999 to January 2001	Department of Anaesthesiology & Critical Care, University College of Medical Sciences & GTB Hospital, Shahdara, Delhi – 110095, INDIA (A Teaching Hospital with Neurosurgery Super	
	Post PG experience	July, 1998 to October, 1998	specialty) Department of Anaesthesiology & Critical Care, Sawai Man Singh Medical College & attached Hospitals, Jaipur, 302004 (University of Rajasthan), INDIA (Multi superspecialty Teaching Hospital)	
	Junior Residency	July, 1995 to June, 1998	Department of Anaesthesiology & Critical Care, Sawai Man Singh Medical College & attached Hospitals, Jaipur, 302004 (University of Rajasthan), INDIA	
	Medical Officer-in- Charge	November, 1994 to	Department of Medical and Health Services, Govt. of Rajasthan, INDIA	
-	Primary	June, 1995		
	Health Centre Junior Residency	March, 1994 to September, 1994	Rajdhani Hospitals Pvt. Ltd., Jaipur, Rajasthan, INDIA	
	Pre- registration House Officer	March, 1993 to March, 1994	Sawai Man Singh Medical College & attached Hospitals, Jaipur, (University of Rajasthan), INDIA	
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### TRAINING IN ANAESTHESIA & INTENSIVE CARE:

#### In India:

I started my anaesthetic career as a postgraduate trainee at SMS Medical College, Jaipur, a 1700 bedded multi-speciality tertiary referral hospital in North West India. Experience was foundation of what I have attained now. It included gradual progression from a novice anaesthetic trainee into super-speciality training. In the final year I lead a team of anaesthetic trainees. This also included a dissertation & exit exam.

I also worked as a Registrar in a large teaching hospital.

### In United Kingdom:

I have acquired training in all the core modules as required by the Royal College of Anaesthetists for the certification of completion of training (CCT). I have worked for eight months in intensive care where I gained extensive experience in peri-operative care of sick patients. I also gained good experience in the management of major trauma and head injured patients at University Hospital of North Staffordshire.

#### Paediatric Anaesthesia:

I completed a three month higher training module in Paediatric Anaesthesia at Birmingham Children's Hospital which included 2 months in theatre and 1 month in paediatric intensive care. I gained much experience in understanding the principles of managing, stabilising and transferring a sick child during my stay in the intensive care.

I re-initiated the audit cycle of usage of Sevoflurane during my attachment & presented this audit.

### Urology and Day Case Anaesthesia:

I have acquired good training and experience in anaesthesia for adult and paediatric day surgeries. Success of day care involves good team work and I am confident to be part of that team. At various hospitals during rotational training, we perform lots of operations as day cases including Laparoscopic Cholecystectomy and Laparoscopic Nephrectomy. I have gained good experience in managing patients for various urological procedures both under supervision and independently.

### **Emergency and Trauma Anaesthesia:**

I have gained extensive experience in managing patients for emergencies in various specialities. The emergency lists are an opportunity to manage and prioritise the list by communicating effectively with the surgeons and theatre nurses, and is an invaluable in my development as an effective team leader. I did weekly trauma sessions in my current job which is a useful opportunity to maintain my skills in regional techniques including upper and lower limb blocks.

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### **General & Colorectal Surgery**

Throughout my anaesthetic care I was involved anesthetising patients for General & complex colorectal surgery. I was specifically attached to a consultant in Stafford General Hospital as my senior module for CCT & it was valuable experience. I continue to utilize these skills in my current job by doing two sessions every other week.

#### Obstetric Anaesthesia:

I have also worked in the obstetric units at various hospitals during my rotational training as registrar & Senior House Officer.

I have obtained valuable experience in Obstetric Anaesthesia during my anaesthetic training in India.

I am proficient in various regional techniques like spinal, epidural and combined spinal epidural. I have performed 27 general anaesthetics for caesarean sections. I am a member of the Obstetric Anaesthetic Association since 2004.

I have completed the Management of Obstetric Emergencies and Trauma (MOET) course in June 2007.

I initiated, completed & presented audit of provision of Epidural services during my attachment at Stafford General Hospital.

I provide an on call cover as Consultant Anaesthetist on 1:12 basis.

### TRAINING IN CHRONIC PAIN:

### **Advanced Training:**

- As one yr. fellowship, Out of Rotation training at The Walton Centre for Neurology & Neurosurgery, Liverpool.
- I satisfactorily completed this advanced training in Chronic Pain Management. This is a large and busy unit with 3 Pain consultants & one Professor in Pain Medicine. I have gained valuable experience in managing chronic pain patients.
- I undertook various pain assessment clinics and performed pain procedures both supervised & independently. I was regularly involved in the follow-ups of trial patients with pump implants & Spinal cord stimulators where I would assess the effectiveness & identify and manage any complications.
- The Walton Centre runs Pain Management Programme where I was involved in Clinical & Psychological assessment. Also I had run teaching sessions for the patients on the programme. I my self attended a week as a patient to understand it from other side of the table.
- Our dept. received a significant number of ward referrals from Aintree Hospital to advice them about in-patients with complex pain presentation & also acute on chronic pain problems.
- I was also involved in MDT approach towards the chronic pain & multi disciplinary team included pain physicians, psychologists, physiotherapists, pain nurses, occupational therapists & Neurosurgeons.
- I taught patients attending pain management programmes.
- I also developed Patient Information Leaflet about epidural for the patients in palliative care wards. I also wrote Patient Information Leaflet about Balloon compression of Gasserian Ganglion for Trigeminal Neuralgia.
- I was organiser of the Regional educational Meetings at Pain Relief Foundation in Liverpool.
- I also presented case reports, lectured & appraised journal.
- I participated in the Pain Services meetings every month.
- I try to read all the relevant recent articles in various anaesthetic journals. I regularly visit NICE & other websites for updates.

### **Basic Training:**

I have also had exposure in chronic pain dept. at University Hospital of North staffs & Pontefract General Infirmary. I developed interest in chronic pain during my anaesthetic training in India.

#### Audits:

- I have completed an audit project in Chronic Headache. I have submitted Poster of this & another audit to the British Pain Society for Annual Scientific Meeting 2008.
- o I am a **member** of the British Pain Society.
- o I have presented a poster in Annual meeting of Welsh Pain Society & won a prize.
- o I have attended related meetings & Master classes in Neuropathic pain.

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### **TEACHING EXPERIENCE:**

I enjoy teaching very much and have been fortunate to get lots of experience in my career.

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### Skills in Teaching:

I have attended the **teaching methods workshop** conducted by the University of Wolverhampton in 2004. This workshop gave me insight into the basic principles of adult learning. It also helped me to improve my techniques and presentation skills.

### **Organising Teaching:**

I have organised the Research & Educational meetings at Pain Relief Foundation which is regularly attended by around 30 participants from various disciplines including pain physicians, Anaesthetists, GPsWI, physiotherapists, occupational therapists, neurosurgeons, Nurses etc. The attendees come from all over the region including North Wales. The presentations are either case reports or Lectures & are evidence-based &/or critically appraised. A written feedback is provided to all presenters.

My involvement was smooth running of the meetings & organizing the presenters' rota. I had successfully arranged two external expert speakers for the next yrs rota.

### **Teaching Undergraduates:**

I have taught medical students rotating through anaesthesia at Stafford Hospital, University Hospital of North Staffordshire both in theatres and in intensive care. I have also demonstrated procedures like venous and arterial cannulation, endotracheal intubations, and central venous catheterisation. I have attended the assessment tools training study day which enabled me to participate in assessing the foundation year doctors as part of the ongoing changes in modernising medical careers.

### **Teaching Postgraduates:**

I worked as Registrar in Anaesthesia in one of the big teaching hospitals in India which involved teaching postgraduate residents. I have been actively involved in all departmental teaching activities.

### Skills as Examiner:

I have been fortunate to be an examiner at the primary FRCA exam day for OSCE and viva run by Dr Gray at Mersey School of Anaesthesia.

I have also been mock examiner on final FRCA courses run by Stoke School of Anaesthesia.

I have endeavoured to pursue this role to enable trainees to pass their exams during their stay in this hospital by participating in Mock Minisets at Warrington Hospital.

### Teaching other professionals:

I teach and train the paramedics during their rotation through the Anaesthetic dept.

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#### **AUDITS:**

- I have initiated all the following audits and have presented them at Clinical Governance meetings:
  - a) Audit of Sevoflurane usage in Birmingham Children's Hospital, Birmingham presented in local Audit meeting in Jul 2006 .Part of audit cycle started back in 2003. I pulled out the required data from ongoing audit forms & prepared the report using Microsoft excel. I also compared the results with earlier audit to get into the cycle. This was an eye opener that still wastage of expensive resources was continued.
  - b) Audit of Epidural Service provision in Obstetric unit of Stafford General Hospital. There is no separate provision for obstetric anaesthetist for out of hour services & on call anaesthetist covers ITU & Obstetric unit together. The service provision was compared with RCOA standards & results were presented.
  - c) Audit of Safety of Anaesthetic Machine at Stafford General Hospital. Machines were inspected across the trust against predetermined safety standards and results were presented in local Audit meeting in Mar 2006. Audit was well appreciated as it was done first time in the trust & was found to enhance safety precautions. They were introduced after this audit.
  - d) National audit of oxygen therapy prescribing from 2000 until 2003. I was involved from 2001 until 2003 & did a survey at national & local level .The team leader was Dr. de Mello, the consultant anaesthetist. Data Collection from all Anesthetists in the trust & from all hospitals across the country through college tutors.We successfully closed the audit loop with introduction of prescription labels for oxygen therapy.
  - e) Audit of postoperative nausea & vomiting across the trust.2002
  - f) Audit of working hrs of SHO anaesthetics in Pontefract General Infirmary. I took this Project because structure of the trust I was working with was changing. It was planned that acute anaesthetist to be removed from Pontefract General Infirmary. This was a prospective study and I collected data from all of the 1<sup>st</sup> on call Anaesthetists. Continued requirement of acute anaesthetist was highlighted in audit meeting.

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### Surveys:

Retrospective & prospective survey of effect of Greater occipital N. blocks on various indications. Carried out at The Walton Centre for Neurology & Neurosurgery & results has been presented to British Pain Society as Poster Presentation in Annual Scientific Meeting 2008.

I have 2 other surveys:

- i) Survey of clinical practise in the event of Emergency Airway Management in the dept.
- ii) National survey of practise of Epidural in Chronic Pain. The questionnaire is being sent for the approval to the British Pain Society.

### **RESEARCH EXPERIENCE:**

a. IVIG in Trigeminal Neuralgia.

I have prepared the following documents for this Double blinded randomised placebo controlled add on multicentre trial.:

NHS Research Ethics Committee Application Form,

Case report forms,

Patient's pain assessment diaries,

Invitation letters,

Additional patient information Leaflet & consent form and GP letter.

I was also involved in **corrections**, **reviewing & finalization** of **Protocol**.

Patient information Leaflet & consent form.

I also attended the work shop of working party involved in this research project.

Above material was submitted to the UCLHA for Ethical approval which has been granted on 10<sup>th</sup> April 2008.

- b. Research Skills workshops 2007. This supports KSF, EBM and CPD & run by Edge hill University.
- c. I have attended ICH GCP training to fulfill requirement for involvement in research process. July 2007.
- d. Attended the Research Study Day held at Stafford for Senior Registrars. Obtained knowledge involved in conducting a study, obtaining ethical approval and the use of appropriate statistical analysis. I participated in the Virtual research project which helped me to understand the principles of writing and submitting an abstract.

e. Effect of Metoclopramide on induction dose requirements of Thiopental Sodium and recovery from Anaesthesia.

Double Blinded, Randomised Controlled Trial in 51 patients to know the Effect of Metoclopramide on induction dose requirements of Thiopental Sodium and recovery from Anaesthesia. I did a literature search through medline search & reviewed individual journals. Prospective data were obtained. Doses required for loss of verbal command, loss of eye reflexes, recovery characteristics & side effects were studied. Data analysis was done on Excel Spread Sheet, Statistical tests were done to obtain P-value.

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### **PUBLICATION:**

- 1. Methicillin-resistant *Staphylococcus aureus* in the critically ill BJA 2004; 93, 6, 15: 872-873(2)
- 2. Oxygen delivery from a distance. Anaesthesia 2003; 58, 6:614.
- 3. I have contributed towards **Career Pathways in Anaesthesia** which is a Stoke School of Anaesthesia Document. April 2008.

#### PRESENTATIONS:

a. Paper

Effect of Metoclopramide on Thiopental dose requirements in 44<sup>th</sup> Annual National Conference of Indian Society of Anaesthesiologists, Hyderabad, INDIA, December 1996.

#### b. Poster

- 1. The role of epidural phenol in end-of-life care: A case –series in Annual Scientific Meeting 2007, Welsh Pain Society, Llandudno, North Wales, UK. I won a third **Prize** for this Poster.
- 2. Percutaneous Cervical Cordotomy: An Audit of our experience at Walton Centre over two years. Annual Scientific Meeting 2008, British Pain Society, Liverpool, UK.
- 3. **Greater Occipital Nerve Blocks: Our experience**. Annual Scientific Meeting 2008, British Pain Society, Liverpool, UK.

### c. Departmental:

Case Presentation at **Annual Course of Clinical Management of Chronic Pain** .Pain Relief Foundation Liverpool 2007

Case Presentations at **Regional Educational Meetings** at Walton Centre Pudendal Neuralgia -Regional Educational Meetings at Walton Centre Post operative pain management

Local Anaesthetics

Measurement of CO

Airway in Burns

Journal Clubs

Anaesthesia in Diabetes Mellitus

Antibiotics in Critical Care

A year of Pain: Advance training in Pain Medicine at Walton centre

### d. Trust wide Grand round

MRSA in critically ill- Wolverhampton Medical Institute 13<sup>th</sup> May 2004 Chronic Pain Services- Warrington & Halton Hospitals NHS Foundation Trust. 2nd Feb 2009

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### ADMINISTRATIVE AND MANAGEMENT EXPERIENCE:

### Knowledge:

I have attended the following management **courses** which gave me valuable insight into the changes happening in the NHS. These courses emphasized the essential managerial skills required for consultant anaesthetists.

Mar 2008 Clinical Management for Specialist Registrars, Mersey Deanery

Nov 2007 Management awareness for Specialist Registrars, West

Midlands Deanery

#### Skills:

### As Consultant:

I have been working in the capacity of consultant. I have been attending the trust & directorate meetings. With the help of secretarial support have been managing my outpatient & pain theatre lists for the chronic pain. This job involves lot of administration. Also I try to smoothly run my anaesthetic list & try to maximise the theatre time by coordinating the theatre team.

### Trainee Representative - Stoke School of Anaesthesia:

I attended the Royal College's School Review Visit. This has given me a good insight into the issues related to teaching and training and an opportunity for me to actively participate and represent views of trainees. When I organised REMs at Pain Relief Foundation, This helped me in gaining experience in organising an event by co-ordinating with the invited speakers, trainees, the secretaries and arranging the venues.

### At Walton Centre:

I did the rota for the visitors. There are a number of visitors and they are from different areas & change each day .I co-ordinate with the consultants and ensure that the department functions smoothly. I have gained valuable experience as an administrator and am able to fulfil the desires of my team and be a good team leader. I have organised trainee meetings and attended the departmental trainee and service committee meeting.

### Overseas experience:

I was rota in charge at SMS Medical College & also Medical officer in Charge at Primary Health Centre in India.

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### **CONTINUOUS PROFESSIONAL DEVELOPMENT:**

### Life Support Courses:

MOET	Advance Life Support Group	June	2007
ALS	Resuscitation Council, UK	November	2007
APLS	Advance Life Support Group	July	2004
ATLS	Royal College of Surgeons of England	March	2002

### **Other Courses:**

 Professional Development for Senior Specialist Registrars, West Midlands Schools of Anaesthesia, organised by Keele University

Information Technology
How to Manage Risk
Applying for Consultant Post
Research Day
Medical Ethics & Law
Clinical Governance

- Employment Law, Recruitment & Selection course June 2007
- Evidence Based Medicine & Critical Appraisal of Literature Course, May 2006
- Transfer Training Course January 2002

### Workshops:

- Commissioning of Integrated Pain Management Services. 25<sup>th</sup> June 2008.
- A WORKSHOP OF ULTRASOUND FOR REGIONAL ANAESTHESIA, October 2007
- Regional Anaesthesia Study Day and Workshop, Oswestry, June 2006
- Communication & Clinical Skills assessment workshop for Tutors. Keele University Medical School June 2008.
- Assessment Tools Training at UHNS, Nov 2006
- Teaching Methods Workshop, May 2004
- Master class in Neuropathic Pain. June 2007 & June 2008.
   Booked for October 2009
- Sonosite Ultrasound Course for Chronic Pain Procedures.
   12<sup>th</sup> May 2008
- Imaging and Fluoroscopy in Pain Medicine, Bradford, July 2008

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### Conferences and Meetings:

- a. Indo-US update on Critical Care medicine, Jodhpur, INDIA, December 1996.
- b. Annual conference of Indian Society of Anaesthesiologists, Rajasthan Chapter, Jodhpur, INDIA, December 1996.
- c. 44<sup>th</sup> Annual National Conference of Indian Society of Anaesthesiologists, Hyderabad, INDIA, December 1996.
- Training course in Advanced Cardiopulmonary Resuscitation Technique. Jaipur, Rajasthan, INDIA, March 1997.
- International update on pain, Mumbai, INDIA, November 1997.
- Annual Conference of Indian Society of Anaesthesiologists, Delhi, 1999.
- Meeting of Yorkshire Society of Anaesthetists, Leeds, May 2003.
- Meeting of British Association of Indian Anaesthetists, NEC Birmingham, Oct. 2003 (5 CME points)
- College of Anaesthetists Gilmartin Lecture, Annual Scientific Meeting, i. Dublin.12<sup>th</sup> May 2005 (5 CME points)
- Midland Society of Anaesthetists, Regional Anaesthesia. 10<sup>th</sup> June 2005
- Midland Society of Anaesthetists, Critical Care Issues, 17th October 2005
- Winter Scientific Meeting, AAGBI, London 12<sup>th</sup> January 2006(10 CME points)
- m. Midland Society of Anaesthetists, 20<sup>th</sup> March 2006 (3 CME points)
- Midland Society of Anaesthetists, Core topics in Obstetric Anaesthesia, June 2006 (5 CME points)
- Annual Scientific Meeting, British Pain Society, Glasgow, 24th 26th April 2007
- Mersey Pain Group Meetings
- Annual Scientific Meeting, Welsh Pain Society, Llandudno, October 2007.
- Annual Scientific Meeting, British Pain Society, Liverpool, 16th April 2008.
- International Congress on Pain, IASP, Glasgow, Aug 2008.
- North east Pain Group Meeting, May 2009.
- Annual Congress, AAGRI, Liverpool Sept 2009

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1. Train the Trainer	19/01/10	CPD 1/2 day
2. Core topics Chester, AAGBI	25/02/10	CPD 5 points
3. Good clinical Practice Workshop*	01/03/10 RCP	-CPD 5 points
4. Informed consent for Research*	18/03/10	CPD ½ a day
5. SOMOA meeting	19/03/10 RCOA	
6. Tomorrow's Doctors- Tomorrow's Leaders	25/03/10 RCP	CPD 5 points
	-16/04/10	
-8. NEPG Pain Medicine Meeting	_07/05/10_RCO	ACME 5 points
9. Study day, British Pain Society	08/06/10	CPD 5 points
Musculoskeletal pain		

10. NWSRA USS/Landmark workshops

18. Career Support & Skills day

25/06/10 RCOA CPD 5 points

17/12/10

CPD 1 day

- 11. CME Mersey Chronic Pain Group\* 14/09/10 RCOA External CME 1 point

12. Equality & Diversity training	08/10/10	
13. Pain services in changing NHS*	08-09/10/10	CPD 7 points
14. Assessment tools workshop	26/11/10	CPD 1/2 day
15. Buprenorphine clinical update*	29-30/11/10	CPD 1 day
16.CME Mersey Chronic Pain Group*	30/11/10RCOA External	CME 1 point
17 Intrathecal Drug delivery study day	08/12/10 RCOA	CPD 5 points

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