

**FAX****Date** 19/06/96**Number of pages including cover sheet** Two

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**REMARKS:**  Urgent  For your review  Reply ASAP  Please Comment

ADAM STRAIN DECEASED

Herewith a draft which was composed today by J Gaston, R Taylor, and S McKaigue and subsequently approved by P Crean. These are the consultant paediatric anaesthetists who will be involved in such clinical problems in the future.

Should GDHB require a meeting before 0800 on Friday morning please contact me ASAP.

## DRAFT

In the light of the Adam Strain case, the Arieff et al. paper (BMJ 1992) and a number of renal transplants complicated by hyponatraemia leading to death in 10 (reported May 1996) we make the following recommendations for the prevention and management of hyponatraemia arising during paediatric surgery.

1. Major surgery in patients with a potential for electrolyte imbalance should have a full blood picture ( which includes a haematocrit value) and an electrolyte measurement performed 2 hourly or more frequently if indicated by the patient's clinical condition.
2. A serum sodium value of less than 128 mmol/l indicates that hyponatraemia is present and requires intervention by the anaesthetist. A value of 123 mmol/l or less indicates the onset of profound hyponatraemia and must be managed immediately.
3. The operating theatre must have access to timely reports of the full blood picture and electrolytes to allow rapid intervention by the anaesthetist, when indicated.

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