

1 Wednesday, 7 November 2012

2 (10.00 am)

3 PROFESSOR KEITH CARTWRIGHT (called)

4 Questions from MR REID

5 THE CHAIRMAN: Good morning. Mr Reid?

6 MR REID: If I can call Professor Keith Cartwright, please.

7 Good morning, professor. You've made two reports to
8 the inquiry. The first report is dated March 2011 and
9 is reference 233-002-001, and the second report is
10 a supplementary report dated June 2012, reference
11 233-003-001.

12 I believe that you've a correction to make to one of
13 the reports, but before we do that, do you wish to adopt
14 those reports as your evidence before the inquiry?

15 A. Yes, I do.

16 Q. I believe the mistake in your first report that you wish
17 to correct is at page 233-002-008, if that can be
18 brought up, please. Can you explain, professor, the
19 mistake that you believe you have made?

20 A. Yes, thank you. The error is in the second line of the
21 second paragraph, referring to the numbers of red blood
22 cells. The figure of "4 to 5 times 10 to the 9 per
23 litre" should be "10 to the 12 per litre". The
24 remainder of the paragraph is correct. In other words,
25 the red cell to white cell ratio in whole blood should

1 be between 500 to 1 and 1000 to 1, so that calculation
2 is correct.

3 Q. Thank you, professor.

4 If I can bring you to your CV, it's at 233-002-017.
5 That's a list of your relevant qualifications and
6 experience. We can see from that that you were
7 a consultant clinical microbiologist since 1978; is that
8 right?

9 A. That's correct.

10 Q. You took partial early retirement from the NHS
11 in July 2004.

12 A. From the Health Protection Agency, which is not quite
13 the NHS, but closely related to it.

14 Q. You were president of the Association of Clinical
15 Pathologists in 2004/2005.

16 A. Yes.

17 Q. And I see there, in the fourth paragraph, your principal
18 research interest is in the identification, management
19 and prevention of severe community-acquired infections
20 and, particularly, bacterial meningitis.

21 A. That's correct.

22 Q. You have been the author of more than 100 peer-reviewed
23 papers and many book chapters in a range of
24 infection-related topics.

25 A. That's correct.

1 Q. Just for the laypeople within the room, most of whom are
2 the lawyers, professor, can you just explain about the
3 discipline of microbiology?

4 A. Yes. Would you excuse me if I do a lot of coughing?
5 I'm recovering from a respiratory infection at the
6 moment, so I apologise for that.

7 Medical microbiologists are qualified doctors who
8 start with a general training in pathology, so they
9 would be exposed to clinical chemistry, to
10 haematology -- that's disorders of the blood -- and to
11 histopathology -- you have probably had
12 histopathologists giving evidence already, so I think
13 you know what they do -- and also to infections, which
14 is where the specialty of medical microbiology lies.
15 It's a hybrid specialty where part of the time is spent
16 in the laboratory, physically culturing the organisms
17 that cause human infections, as the years have gone by,
18 an increasing proportion of time is spent doing
19 ward-based work and doing liaison with primary care
20 practitioners in relation to diagnosing infections,
21 advising on treatment and investigating clusters of
22 infection.

23 Within this, there's a wide range of activities, so
24 you can specialise in one or more of those areas. My
25 interest lay in bacterial meningitis in particular

1 because I fell, by mistake, into a large outbreak of
2 bacterial meningitis when I was working in Gloucester,
3 so I had a lot of experience of seeing particularly
4 children with brain infections, mainly meningitis, but
5 also some viral infections as well over a period of
6 about 20 years.

7 Q. And unlike pathologists, you deal with both living
8 patients with infections and deceased patients with
9 infections; is that correct?

10 A. Yes, very much so.

11 Q. What we'll be discussing this morning generally are cell
12 counts in blood samples and in cerebrospinal fluid, CSF.
13 Would you be familiar with those sorts of tests?

14 A. Yes, very familiar.

15 Q. That would be your bread and butter, so to speak?

16 A. Yes, very much so.

17 Q. If I can turn over the page to 18, to the first full
18 paragraph. At the top, you state you were
19 a non-executive director of the Medical Defence Union,
20 the UK's largest doctors' defence organisation, and you
21 are also the chair of the MDU's case committee, an
22 advisory medical committee, and a member of council.

23 A. That's correct.

24 Q. I've been asked to ask you, doctor: in those
25 circumstances, do you consider yourself independent of

1 clinicians whenever you're in that role?

2 A. Yes, I do. I do a lot of medico-legal expert witness
3 work and the Medical Defence Union encourages people
4 like myself who have roles within the organisation to
5 take on a mixture of both claimant and defendant work,
6 and the MDU runs, as far as I am concerned, an
7 absolutely robust and foolproof Chinese wall to separate
8 the roles that people like myself may have within the
9 organisation where they have been instructed by any
10 party in relation to medical litigation. That wall has
11 never broken down in my experience of working with the
12 MDU for about six or seven years.

13 Q. For example, in your own practice, have you acted for
14 both claimants and defendants?

15 A. Yes. Where MDU doctors have been defendants, I have
16 frequently acted as a claimant or I've been instructed
17 on behalf of a claimant, yes.

18 Q. So effectively you've acted both for and against
19 doctors?

20 A. Yes, and also for third parties within similar
21 litigation.

22 Q. You have told us about your background in microbiology.
23 If I can bring up the reference 233-002-006, please.
24 Obviously, this is an inquiry into hyponatraemia-related
25 deaths. At the very first point on the page, you state:

1 "It is outwith my expertise to assess whether or not
2 hyponatraemia caused or contributed to the cerebral
3 oedema that led to coning and to Claire's death, though
4 I observe that inappropriate ADH secretion is
5 a well-recognised complication of both meningitis and
6 encephalitis."

7 On the basis of that, are you saying, doctor, it's
8 not within your expertise to know whether or not
9 hyponatraemia contributed to Claire's death?

10 A. That's correct.

11 Q. So you are unable to comment that it was positively or
12 negatively a cause of the cerebral oedema in Claire's
13 case?

14 A. Well, no, I think I know a little bit more about it than
15 that. I'm aware that the syndrome of inappropriate ADH
16 secretion occurs within meningitis and encephalitis and
17 I'm aware from my general medical reading that low
18 sodium levels can cause cerebral oedema. But I wouldn't
19 like to comment in detail or be considered an expert as
20 to whether a particular level of sodium which was below
21 normal might cause a particular amount of cerebral
22 oedema. That's outwith my expertise.

23 Q. Would it be also fair to say that you don't have any
24 particular expertise as regards the condition of
25 non-fitting status epilepticus?

1 A. That's correct.

2 Q. And again, you wouldn't have any expertise as to whether
3 or not that was a possible cause of cerebral oedema?

4 A. I'm aware that it can cause cerebral oedema and I think
5 it would also be likely to cause an inflammatory
6 response in the cerebrospinal fluid. But I wouldn't
7 claim to be an expert in this area because I've never
8 sought out to attend post-mortems or to examine autopsy
9 reports on patients whose CSF has been collected where
10 they have died in status epilepticus.

11 Q. Can I bring up reference 310-014-001, please? This is
12 a somewhat simplistic flowchart, which the inquiry team
13 has created with the assistance of some of the inquiry
14 experts and advisers. Would you be familiar with the
15 set-up that's in that flowchart?

16 A. Yes. In broad terms.

17 Q. In that encephalitis, encephalopathy and
18 status epilepticus can cause cerebral oedema, brain
19 swelling?

20 A. Yes.

21 Q. And that encephalitis and encephalopathy can, in
22 themselves, trigger status epilepticus?

23 A. Yes.

24 Q. And that cerebral oedema can then cause the syndrome of
25 inappropriate antidiuretic hormone secretion, which

1 cautions that green circular pattern on the right-hand
2 side, which can lead to hyponatraemia and then further
3 cerebral oedema?

4 A. I wouldn't have been familiar, I don't think, with the
5 arrow that goes from cerebral oedema to SIADH, but
6 I don't find that surprising.

7 Q. You would normally see that arrow coming directly from
8 encephalitis and encephalopathy; would that be correct?

9 A. Yes. And I would see the arrow going in the other
10 direction, I think. I'd need to just think about that
11 for a moment. But I think we have the arrow going
12 in the other direction, via retention of free water and
13 hyponatraemia, so yes, I think it's a two-way process.

14 Q. You may have gathered from the evidence and from the
15 expert evidence that's been given to the inquiry that
16 it's generally, I think -- and I'm subject to
17 correction -- that everyone accepts that cerebral oedema
18 was the terminal event in Claire Roberts' case, the
19 event that caused the death. But the question is what
20 caused the cerebral oedema in Claire's case. And
21 really, the question that you're addressing for the
22 inquiry is not whether or not hyponatraemia caused the
23 cerebral oedema, but whether or not viral or bacterial
24 infection caused the cerebral oedema; is that correct?

25 A. I don't think that's quite correct. I think my initial

1 instructions were to look at the differences of opinion
2 between Dr Webb and Professor Harding in relation to the
3 cause of the cerebral oedema. I may have misinterpreted
4 Dr Webb's report to some extent in that he does make
5 clear that --

6 Q. Do you mean Dr Evans' report?

7 A. Dr Evans, I do beg your pardon.

8 I think Dr Evans makes it clear that he feels that
9 hyponatraemia played a role, but he also clarified that
10 in his view it was likely that there was infection
11 present or that there was a good possibility that
12 infection may have contributed to cerebral oedema,
13 whereas Professor Harding excludes the possibility of
14 encephalitis on the grounds that there was no
15 histological evidence of that, which he would have
16 expected to find had encephalitis been the cause of the
17 cerebral oedema and the coning episode that caused
18 Claire's death.

19 Q. I must apologise, I think maybe I took it a step too
20 far. The question is whether or not there was an
21 infection present in Claire. That's the question that
22 you are addressing for the inquiry.

23 A. Yes.

24 Q. Before we look at the different cell counts and so on,
25 there were a number of viral cultures taken in Claire's

1 case, as you might be aware.

2 A. No, there was some viral serology undertaken; there were
3 no viral cultures undertaken.

4 Q. I defer to your terminology, professor.

5 A. Do you want me to elaborate on that?

6 Q. Certainly.

7 A. There were a number of tests for viruses that were
8 started, but Claire died before they could be completed.
9 When you're culturing for viruses, you would do this by
10 taking specimens, usually throat swabs, stool specimens,
11 and sometimes blood samples, although culturing viruses
12 from blood is very much more a researcher exercise than
13 a clinical exercise. Mainly, you would be looking at
14 culturing throat swabs. That was not done in this case.

15 If you had been able to grow viruses, most of them
16 will take several days, some of them going into weeks
17 for viruses to be grown in culture. It's a very
18 insensitive technique even for the viruses that are easy
19 to grow and negative results, therefore, are of limited
20 value. So the emphasis in trying to detect a particular
21 viral infection is usually focussed on doing serological
22 tests and the basis of these tests is to take a sample
23 of blood early in the infection before the body has had
24 time to mount an immune response, in other words to make
25 its own response to the virus, and then to take a second

1 blood sample a week to ten days later or even maybe,
2 ideally, two weeks later, and to detect a difference
3 in the immune response between the first and the second
4 sample.

5 So those blood samples were collected from Claire,
6 before her death, for a number of different potential
7 agents of viral meningitis. There was never a chance to
8 collect a second blood and the fact that only a first
9 blood was collected very early in the illness -- about
10 a day or two days into the illness -- means that there
11 would not have been any antibody response expected in
12 that time and, therefore, the failure to detect any
13 meaningful levels of antibody in those samples doesn't
14 tell you anything at all about whether or not any of
15 those agents might have been implicated in Claire's
16 illness and/or death.

17 Q. Okay. So if I understand that correctly, what you're
18 saying is that a blood sample is taken for a various
19 number of infections and the difficulty is that you're
20 looking to see if the blood has the immune response, the
21 antibodies in it that are responding to those particular
22 infections; is that correct?

23 A. Yes, and that couldn't have happened within the time
24 that was available because the illness was too
25 short-lived.

1 Q. There are some samples obtained on 21 October, which
2 were reported on 30 October. If we bring up as an
3 example 090-030-096 and 098, please.

4 A. I'd better explain about antibodies here. When you have
5 an acute infection, a particular type of antibody called
6 an IgM antibody -- you'll see the letters "IgM" above
7 the table of results. An IgM antibody is what's called
8 an acute-phase antibody, and this is the first immune
9 response that you get when you have a positive reaction.
10 There were no positive reactions here to IgM, but that's
11 not unexpected. I would only expect to get an IgM
12 antibody result being positive if any of those viruses
13 had been implicated in Claire's illness, if the blood
14 sample had been taken at least five to seven days after
15 the onset of the illness.

16 So the fact that they were all negative doesn't mean
17 anything at all. It's neither positive nor negative
18 information.

19 Q. The only information it gives you is that those
20 antibodies aren't present in the blood at the time that
21 it was taken --

22 A. Yes, but you wouldn't expect them to be.

23 Q. -- but those antibodies might be created in response to
24 the infection at a later stage; is that what you're
25 saying?

1 A. Yes.

2 Q. We see there there's:

3 "Mumps, measles, herpes simplex, herpes zoster,

4 CMV."

5 And on the right-hand side:

6 "Adenovirus, Q fever, mycoplasma pneumoniae, and

7 influenza A virus and B virus."

8 A. Those are different tests where two determinations have

9 been done on two different blood samples, but you can

10 see that both blood samples were taken on the same day.

11 So the fact that the titres are identical, again,

12 doesn't tell you anything at all, and they're all very

13 low titres. But they're all on blood samples that were

14 taken early in the illness, so these tell you nothing at

15 all about whether any of these agents could have been

16 implicated.

17 THE CHAIRMAN: So in effect, you have to discount these as

18 an aid in identifying what infection Claire had?

19 A. Yes, they don't tell you anything, sir.

20 THE CHAIRMAN: Okay.

21 MR REID: And these are specimens taken on admission of

22 Claire to Allen Ward on 21 October 1996. When would

23 you have expected the next sample to have been taken?

24 A. Well, it would only be informative if it was taken some

25 time during the second week of the illness really,

1 a minimum of five days for the IgM tests. But better
2 some time during the second week of an illness, had
3 Claire survived.

4 THE CHAIRMAN: So this route for identifying any infection
5 is not open to us?

6 A. Correct, sir.

7 THE CHAIRMAN: Okay. Do I understand, professor, that that
8 in itself is not particularly unusual? So if this route
9 isn't open to you, you investigate what alternative
10 routes are open to you to see what infection can be
11 identified?

12 A. Well, in circumstances like the ones that surrounded
13 Claire's death, it would be very unusual to identify
14 a cause of death. It could really only have been done
15 if the virus were a cultivable virus -- in other words,
16 if it could have been grown and for the majority of
17 viruses you can't grow them -- and if such specimens had
18 been taken.

19 MR REID: Just before we come on to the --

20 A. I should say: I'm not critical of the failure to take
21 specimens for virus culture. It's not done as a routine
22 now because of the difficulty and the poor sensitivity
23 of these tests.

24 Q. Just before we come on to the blood cell counts, I've
25 been asked to address something in the history of your

1 report, which is at 233-002-011. This is your
2 description of different events that happened to Claire
3 during the day.

4 There are two notes for you, professor. Firstly, if
5 we can go to line 8 in the first paragraph, please.

6 I think you noted that the working diagnosis by
7 Dr O'Hare, who was the admitting doctor at Allen Ward,
8 was either encephalitis or a viral illness. We've seen
9 from the evidence of Dr O'Hare that she considered
10 encephalitis as a differential diagnosis, but crossed it
11 out due to a lack of fever. I suppose the question for
12 you is: does that in any way affect anything else that
13 you've said in your report?

14 A. No. I would observe though that encephalitis can
15 commonly occur without a fever and the same is true with
16 some viral infections as well.

17 Q. Secondly at line 13, you said there had been one further
18 vomit overnight:

19 "Claire was observed overnight. By the morning, she
20 was thought by the nurses to be improved and brighter
21 and there had been one further vomit overnight."

22 According to the fluid balance chart, which is
23 090-038-133, we can see there that she had actually had,
24 it seems, about six vomits overnight. Again, does that
25 affect anything in your report?

1 A. No. I suppose it might exacerbate hyponatraemia, that
2 would be a possibility, but it wouldn't change any of my
3 opinions.

4 Q. And when you say it might exacerbate hyponatraemia, what
5 do you mean?

6 A. You could lose sodium by vomiting and therefore that
7 could make the sodium level lower.

8 THE CHAIRMAN: Because if you're put on an IV fluid which is
9 not a replacement fluid, it is not making up for the
10 sodium which you're losing through the vomiting?

11 A. Yes, sir.

12 MR REID: If I can go through the various blood and CSF cell
13 counts now with you, professor. The inquiry team has
14 produced a schedule of those counts at 310-022-001,
15 please.

16 What we can see there is three different blood
17 samples and a cerebrospinal fluid that was taken
18 post-mortem; the various white blood cells with the
19 normal range in blood for the white blood cells,
20 leukocytes; the red blood cells, the erythrocytes, and
21 their normal range; a ratio of the white to red blood
22 cells; and then notes regarding those.

23 First of all, can I check with you, professor: the
24 normal range in blood for both the white and red blood
25 cells, are those correct values?

1 A. They vary very slightly from hospital to hospital, but
2 if this is the quoted range for this hospital then they
3 would have been validated for the laboratory equipment
4 that was used to produce those figures. So yes, they're
5 trustworthy.

6 Q. I believe those values have actually been taken off the
7 slips from the Children's Hospital at the time.

8 A. Yes.

9 Q. We have there the ratio of white blood cells to red
10 blood cells. In terms of the ratio in blood, first of
11 all what is the normal ratio of white blood cells to red
12 blood cells in a normal person who doesn't have an
13 infection?

14 A. You have to divide the number of white cells into the
15 number of red cells, which would give you a figure of
16 approximately about 1 in 500 to 1 in 1,000. But if the
17 white blood cell count is elevated, as it is here, then
18 the ratio would change somewhat as a consequence of that
19 and it would come down somewhat.

20 Q. Does that apply generally to adults and children or
21 is that simply an adult result?

22 A. No, it applies to adults and children. These are
23 broadly correct normal ranges for both adults and
24 children. I should say that in the first three samples,
25 the blood samples that we're looking at here, the

1 absolute white blood cell count is what is much more
2 commonly used than the ratio. The ratio is really only
3 used in CSF.

4 Q. So if we look at that first value, we can see the
5 reference for it, I don't need to bring it up,
6 090-032-108. This is a sample from approximately around
7 10.30 on 21 October 1996 in blood. The white blood cell
8 count at that point was 16.52, which is 16,520, and the
9 red blood cells were 3.76 million. The ratio we
10 calculated is 228 to 1 in terms of red blood cells to
11 white blood cells. That's Claire's blood sample on
12 admission to Allen Ward. So first of all, you're saying
13 that the value of 16.52 is more important than the ratio
14 of 228 to 1?

15 A. Yes, nobody would be very interested in the ratio.

16 Q. So can you explain the significance of the value of
17 16.52?

18 A. Yes. It's a materially elevated level, which you would
19 not expect to find unless there was some underlying
20 reason for it. Occasionally, you get values for white
21 blood cells which are outside the normal range, so
22 I wouldn't take all that seriously a level of 12,000
23 white cells or 3,500 because if you repeated it two or
24 three hours level, you might well find that the value
25 had reverted to being at the normal range. But 16,500

1 is materially abnormal.

2 Q. And you're saying that suggests to you that there may
3 have been an infection on admission; is that right?

4 A. Well, the two common reasons that the white count can be
5 elevated in children of Claire's age would be infection
6 or an inflammatory process, and by an inflammatory
7 process I mean something like arthritis or a bowel upset
8 like inflammatory bowel disease or an underlying disease
9 like Crohn's disease or ulcerative colitis.

10 All of those were not the case in Claire's case, so
11 there was no inflammatory process going on, but the
12 history she and her parents gave when she came into
13 hospital was that she had had a recent onset of
14 vomiting, a loose stool, which suggested an acute event
15 of some sort and I think the most likely reason for that
16 was an infection.

17 Q. Just to make sure that you know that you are aware of
18 the history, we've heard in evidence that Claire began
19 vomiting that day when she returned home from school.

20 A. Yes.

21 Q. She hadn't actually been sick at school, but did vomit
22 a few times on her arrival back home from school, and
23 that her mum said that she didn't have any diarrhoea,
24 but that she did have a smelly poo on the Friday before
25 the admission on the Monday. Does that have any bearing

1 on what you have just said there?

2 A. Well, the story is consistent with a gastro-enteritis of
3 some sort with predominantly upper gastrointestinal
4 symptoms rather than lower. So that would be consistent
5 with an infection.

6 Q. You have mentioned the inflammatory condition and you
7 have mentioned something like a gastro-enteritis upset.
8 Are there any other possibilities that the inquiry
9 should be aware of in terms of why this white blood cell
10 count is elevated?

11 A. Claire's other symptom that I noted was that she had
12 slurred speech and that she was lethargic and seemed
13 rather drowsy. It would be helpful, I think, to review
14 again her parents' evidence as to what her condition
15 would normally have been like and whether they felt that
16 she was unwell. But my impression is that they did feel
17 that there was an acute change in her condition and the
18 neurological symptoms would be unusual for
19 a straightforward gastro-enteritis. I think that's why
20 the admitting doctor was concerned about the possibility
21 of an encephalopathy or encephalitis.

22 THE CHAIRMAN: But I think it's also why the GP referred
23 Claire to the hospital in the first place because this
24 was, as I understand it from Mr and Mrs Roberts'
25 evidence, seen to be more than just a bit of vomiting.

1 A. Yes.

2 THE CHAIRMAN: So for safety's sake, for precaution's sake,
3 she's referred to the hospital. At that point,
4 of course, she didn't have to be admitted because the
5 admitting doctor can examine her and find that actually
6 it is just a bug, it's safe to take her home. But
7 there's a level of concern which leads to her being
8 admitted. That all fits in with your analysis.

9 A. Yes, I felt the neurological symptoms were certainly
10 concerning.

11 MR REID: We have spoken about an infection. Would you know
12 whether it may have been a bacterial or a viral
13 infection?

14 A. No. The big frustration about the investigation into
15 this case is that no differential white blood cell count
16 results are available. I cannot believe that they were
17 not done and I think they have become lost in the mists
18 of time. The reason I say that is that white blood cell
19 counts and red blood cell counts are done on a machine
20 in haematology laboratories called Coulter counters and
21 the blood sample is put into the machine and the machine
22 generates results which would include a range of values,
23 including the total red blood cell count, the white
24 blood cell count, a differential white blood cell count,
25 and a large number of red blood cell parameters looking

1 at the size of the cells, the haemoglobin concentration,
2 and this is all done automatically. I cannot but
3 believe that this sample was not analysed using such
4 a counter because they have been in widespread use for
5 decades now, and therefore at some point these results
6 must have been available, but I don't understand how
7 it is that they were not translated through to
8 Allen Ward.

9 Q. If I can bring up the printed version of that result,
10 it's at 090-032-108. We see it there. We have the
11 haemoglobin result, the erythrocytes, the PCV, MCV,
12 MCHC, MCH, leukocytes and platelets?

13 A. The packed cell count, the mean cell volume, the mean
14 cell haemoglobin concentration and the mean cell
15 haemoglobin value. So all the red cell parameters are
16 there. You would normally expect to get a differential
17 white count. I don't know why that is not the case in
18 this particular circumstance. It's critical information
19 in trying to help you understand whether the raised
20 white cell count had been caused by either a bacterial
21 or a viral infection.

22 THE CHAIRMAN: Is this something which should have been
23 picked up on -- you know, Claire was admitted on the
24 Monday evening and her condition then deteriorated
25 significantly through Tuesday with the result that she

1 arrested on Wednesday morning.

2 A. Yes.

3 THE CHAIRMAN: Is this something that should have been

4 picked up on Tuesday?

5 A. I think it's even possible it should have been picked up

6 on the Monday because this is a raised white cell count

7 and you want to know the reason why.

8 THE CHAIRMAN: And the raised white cell count is not just

9 a little bit raised, it's significantly --

10 A. It's significantly raised, yes, sir. If the reason for

11 that had been a rise in the neutrophil count, sometimes

12 called polymorphonuclear leukocytes -- I'm sorry about

13 the long names -- then this would be strongly suggestive

14 of a bacterial infection, or, alternatively, if the

15 raised white cell count had been due to a rise in the

16 numbers of lymphocytes, that would be strongly

17 suggestive of a viral infection in this clinical

18 context.

19 THE CHAIRMAN: Sorry to spell it out, professor. Whether

20 it's picked up during Monday night, Tuesday morning or

21 later on Tuesday during the ward round or when Dr Webb

22 is called in for his assistance, who should be picking

23 this up? Is it any of the paediatricians?

24 A. I think anybody from SHO level upwards.

25 THE CHAIRMAN: Whether it's a paediatrician or a paediatric

1 neurologist?

2 A. Yes. I think the importance of this is that we've got
3 neurological symptoms and some gastrointestinal
4 symptoms. We have got a raised white blood cell count,
5 which is suggestive of infection, but Claire wasn't
6 started on antibiotics straightaway. As it happens,
7 I don't think she did have a bacterial infection, but if
8 she had had a bacterial infection -- in other words, if
9 the neutrophil count had been high and had been the
10 cause of the total raised white cell count -- then
11 it would have been extremely important, given Claire's
12 neurological symptoms, to have started her on
13 broad-spectrum intravenous antibiotics straightaway. It
14 would have been a very important omission if this had
15 been a bacterial infection.

16 THE CHAIRMAN: Right.

17 A. I know that Dr Webb didn't feel it was a bacterial
18 infection -- and I think he was probably right
19 in that -- but the raised white cell count meant that
20 bacterial infection should have been excluded.

21 MR REID: Would you have expected the differential white
22 count to have been present on this sheet that is in
23 front of you now?

24 A. Yes.

25 Q. And where would you have expected it to be on that

1 sheet?

2 A. Immediately below the platelet count. In the gap, the
3 white space below the platelet count.

4 Q. Are you saying effectively everything you would expect
5 from a blood count such as this is there, apart from the
6 differential?

7 A. Yes, that's correct.

8 THE CHAIRMAN: How irregular then is this printout?

9 A. I think it's quite irregular. You don't normally see
10 this, sir. I don't know the reason why. Presumably
11 some part of the machine was malfunctioning or
12 alternatively a limited spectrum was done for some
13 reason. It's not a report that I would expect to see
14 normally.

15 THE CHAIRMAN: Well, if you were one of the doctors treating
16 Claire and you saw this report come through, then at
17 what point would you be immediately concerned? Would it
18 be so obvious to somebody?

19 A. Yes, sir. I just repeat, it's a very important point:
20 if the raised white cell count had been due to a rise
21 in the number of neutrophils, then it means that Claire
22 ought to have been started on a broad-spectrum
23 intravenous antibiotic immediately because of her
24 neurological symptoms.

25 THE CHAIRMAN: The date of this report is the 22nd.

1 MR REID: Yes.

2 THE CHAIRMAN: Do we know when it became available?

3 MR REID: We know that the white cell count was recorded by
4 Dr Volprecht some time in the morning of the
5 22nd October during the early hours.

6 THE CHAIRMAN: She was working overnight?

7 MR REID: Yes.

8 MR COUNSELL: I think Dr Volprecht's evidence about that was
9 she thought it wouldn't be available by the time of the
10 ward round.

11 THE CHAIRMAN: Right.

12 MR REID: Sorry, I think she said that the printout would
13 not be available by the time of the ward round, but
14 obviously the result was recorded by her in the clinical
15 notes some time in the early hours.

16 A. If I can try and help, sir. Very often, when blood
17 samples are taken and tested overnight, outside normal
18 office hours, abnormal results are often telephoned
19 through to the originating ward where the specimen
20 originated from. In those circumstances, sometimes you
21 get an abbreviated result sent through, in other words,
22 what the haematology technician might consider to be the
23 important result. So here it would be the haemoglobin
24 level and the white blood cell count and the platelet
25 count. But having said that, I still don't understand

1 why a differential white count wasn't available from the
2 machine.

3 MR REID: What we might do, Mr Chairman, is double-check the
4 records at the break to see if there are any other pages
5 to the records. I don't believe there are because
6 I think they would have been picked up by now, but just
7 as a double-check we'll see at that point.

8 THE CHAIRMAN: Okay.

9 MR REID: You said if the neutrophils were high that would
10 have meant a bacterial infection and you would have
11 administered broad-spectrum antibiotics. If the
12 lymphocytes were high, indicating a viral infection,
13 in that case would you typically prescribe antivirals
14 such as acyclovir or something of that nature?

15 A. Well, yes, I think even in 1996 one would normally --
16 paediatric practice would normally be to do
17 a belt-and-braces job. In other words, it wouldn't
18 surprise me if Claire had been started on a
19 cephalosporin -- which is a broad-spectrum antibiotic --
20 and acyclovir as a matter of course, almost regardless
21 of the white cell count, but just to ensure that in the
22 event that there was an underlying infection of the
23 central nervous system, the appropriate treatments were
24 in place. That would be very common practice to do
25 that.

1 So it was not incorrect medicine, to my mind, to
2 withhold antibiotics and antivirals. If you take a view
3 that a child is, for example, not particularly unwell or
4 that the chance of infection is very low, then the
5 Department of Health would take a view that withholding
6 particularly broad-spectrum antibiotics would be quite
7 helpful on a population basis because it reduces the
8 risk of raising bacterial resistance to antibiotics.
9 But having said that, paediatricians will very often
10 treat empirically anyway.

11 With a raised white cell count, you really need to
12 know what's going on.

13 Q. If we go back to the schedule at 310-022-001. Whenever
14 you say that there would have been a differential count,
15 we see in the CSF -- and we'll get to the CSF later --
16 it says, "Mainly lymphocytes". Is the differential
17 count something of that nature or is it normally
18 numbers?

19 A. Both. You would normally get the absolute numbers of
20 the different types of white blood cells and you would
21 get, on most Coulter counter printouts, the percentage
22 of the total white count that they represented.

23 Q. We can see that the three blood samples are taken at
24 10.30 pm, 4 am and 6 am. Those would have been out of
25 hours samples.

1 A. Yes.

2 Q. Does that in any way affect the fact that a differential
3 white cell count wasn't done?

4 A. Not in my experience.

5 Q. If you can explain why that is.

6 A. Because all the samples would go through the same
7 automated machine.

8 Q. So it's as easy getting the differential white cell
9 count as it is getting the full white cell count?

10 A. Yes, they normally come hand-in-hand.

11 THE CHAIRMAN: Can we bring up for the professor, please,
12 090-022-052, which is the page in the clinical notes
13 where Dr Volprecht, whose name you'll see about
14 two-thirds of the way down the page, it says "Volprecht
15 SHO" in brackets. If you look immediately above that,
16 you'll see the results which have come through and which
17 have been noted. I think Dr Volprecht writes the
18 figures in the right-hand column and somebody else wrote
19 the ones in the left.

20 MR REID: That's correct. Dr Volprecht also put the arrow
21 on the left-hand side.

22 THE CHAIRMAN: So Dr Volprecht wrote the white cell count of
23 16.5 and put the arrow in. When she saw that, should
24 that have alerted her to the need for a differential
25 white cell count?

1 A. I think if she was --

2 THE CHAIRMAN: Let's assume for the moment that this has
3 been phoned through. So she doesn't --

4 A. Yes, I think that's likely to be the case. I think what
5 I would have expected an SHO to do would have been
6 either to phone the laboratory and say, "Have you got
7 a differential count?", or to have phoned the consultant
8 on call and said, "I've got this white cell count in
9 a girl whose conscious level may be a bit low, she's got
10 funny symptoms, she's got slurred speech. Should
11 I start the patient on empirical antibiotics and
12 antivirals?", and I would have expected the consultant
13 to say, "Get a differential and start both antibiotics
14 and antivirals". That would be probably the majority
15 practice, I would say.

16 THE CHAIRMAN: Thank you.

17 MR REID: You say you would have expected her maybe to
18 contact the consultant on call --

19 A. One or the other.

20 Q. -- or the registrar on call --

21 A. Or the registrar, yes. Somebody with more experience.

22 THE CHAIRMAN: But in the event that she spoke to the
23 registrar and then the consultant is involved, or
24 whether or not the consultant is involved, you'd have
25 expected treatment to start without waiting for the

1 differential count or not?

2 A. I think either is acceptable, sir, but a differential
3 count should be obtainable within the space of a quarter
4 of an hour, 20 minutes. It shouldn't take long to get
5 that back.

6 THE CHAIRMAN: If you ring the lab from which the result has
7 been obtained, should they have it immediately to hand?

8 A. Unless there was something wrong with the machine on
9 that night, which seems very strange.

10 THE CHAIRMAN: If there is something wrong with the machine,
11 that raises entirely additional issues about concerns of
12 the standard of information and the level of -- the
13 volume of results which are coming through.

14 A. I don't know enough about the underlying technology to
15 give you an answer to that.

16 THE CHAIRMAN: But your point about this technology is that
17 this type of result has been available for decades from
18 these machines --

19 A. Yes.

20 THE CHAIRMAN: -- and this isn't a post-1996 development?

21 A. No, no, no.

22 THE CHAIRMAN: Thank you.

23 MR REID: Professor, you can see at the top of the page
24 we have Dr O'Hare's initial note and then she reviews at
25 12 midnight. In her initial note, she obviously doesn't

1 have the benefit of any white cell count result and she
2 diagnoses "viral illness". First of all, at that stage,
3 in the absence of a white cell count, would you ever
4 wish to prescribe antibiotics or antivirals?

5 A. Yes, that happens very frequently. You can only make
6 a clear diagnosis of bacterial meningitis by doing
7 a lumbar puncture and finding an inflammatory response
8 in the CSF and/or the presence of bacteria. Sometimes
9 doing a lumbar puncture can be very dangerous because it
10 itself can cause coning. So if the patient is suspected
11 of having raised intracranial pressure due to cerebral
12 oedema, you wouldn't do a lumbar puncture; you would
13 take some blood cultures -- because you can sometimes
14 isolate the bug from the blood as well as the spinal
15 fluid -- but you would then start empirical antibiotics
16 and it's common paediatric practice to add an anti-viral
17 agent, which is acyclovir, as well at the same time, and
18 then you would stop the antiviral agent once you had
19 made the diagnosis of bacterial infection. That would
20 be very common practice and that would be very common
21 practice in 1996 as well.

22 Q. You actually pre-empted my next question. Would
23 you have expected, on admission, Claire to have had
24 a lumbar puncture performed?

25 A. No. Not necessarily.

1 Q. You say not necessarily; what do you mean by that?

2 A. You have to assess the likelihood that the patient has
3 either meningitis or encephalitis, and then the risks of
4 doing a lumbar puncture compared with the benefit.

5 THE CHAIRMAN: Does that depend on how unwell she seems?

6 A. Yes, and whether the neurological picture appears
7 stable, how high the level of suspicion is of an
8 intracerebral infection, and what the dangers of
9 a lumbar puncture may be.

10 THE CHAIRMAN: So that's a judgment call which can go either
11 way?

12 A. Yes, sir.

13 THE CHAIRMAN: So it's not necessarily a point of criticism
14 that that was not done?

15 A. No. And I think that's exemplified in the note that
16 we've got here on about line 6 under the heading
17 "Investigations". It's "lumbar puncture, plus/minus".
18 So the SHO's clearly considering the possibility, but
19 hasn't made a decision on that. Very often the way this
20 would work --

21 THE CHAIRMAN: Sorry, just a minor point, but that's the
22 registrar actually. You'll see the registrar's
23 signature, "Dr O'Hare", just below that on the right.
24 So again, that shows, as the evidence we've already
25 heard, that's a competent investigation by Dr O'Hare

1 coming in, so she's alert to the possibility of a lumbar
2 puncture, but has opted against it.

3 A. Yes. This exemplifies the fact that this is a judgment
4 call and you've got a middle-grade doctor here who is
5 thinking about a lumbar puncture, but hasn't decided yet
6 whether or not one should be done or whether one is
7 needed. But I do think at this stage -- maybe that's
8 before the results of the white cell count come back.

9 THE CHAIRMAN: It is.

10 A. But I'm sure there would have been a discussion between
11 the SHO and the registrar when those blood results came
12 back because of the sodium result and also the white
13 cell count.

14 THE CHAIRMAN: I think, unfortunately, it's not clear that
15 there was such a conversation.

16 A. I would have expected a conversation. I think the SHO
17 really shouldn't have sat on those results without
18 taking guidance from a senior colleague.

19 MR REID: You were saying with the lumbar puncture it would
20 depend on the circumstances. We see at midnight

21 Dr O'Hare writes:

22 "No meningism."

23 I presume, if there had been something like a stiff
24 neck, that would have been a clear indicator that
25 a lumbar puncture might be necessary?

1 A. Yes, that's true, and in a patient of Claire's age you
2 would normally expect to have specific symptoms of
3 meningitis if that had been the case. But having said
4 that, she still has neurological symptoms and is
5 therefore a cause for concern, and you don't get
6 meningism necessarily when you have encephalitis,
7 inflammation of the brain itself.

8 Q. The white cell count comes in, it's raised. You say
9 that you would have expected a discussion between the
10 SHO and the registrar.

11 A. Or the SHO and the consultant.

12 Q. Yes. Would you have expected that a lumbar puncture
13 would have been discussed during that conversation?

14 A. Well, strictly speaking these are questions for
15 paediatricians. I am straying out my area of competence
16 here, but I do have a lot to do or have had a lot to do
17 with similar conversations with patients over my
18 practice. So yes, I would have expected a discussion
19 about the need for a lumbar puncture.

20 THE CHAIRMAN: So the judgment call that was made apparently
21 not to have a lumbar puncture during Dr O'Hare's
22 examination of Claire on admission, which is around
23 8 pm, that's a decision which should have been reviewed
24 in light of the results coming through at some point
25 after midnight?

1 A. Yes, sir. I think the algorithm here would be either
2 you make a decision to do a lumbar puncture and then
3 design your management plan according to the results of
4 the examination of the CSF or, in the light of the
5 raised white cell count and the neurological symptoms,
6 then an alternative plan would be to start empirical
7 broad-spectrum antibiotics and acyclovir at the same
8 time and take blood cultures, which are fairly easily
9 obtained. But in fact, I think they were obtained when
10 she came in. But not to do either, I think, is
11 a riskier strategy.

12 MR FORTUNE: Sir, perhaps it might be helpful if
13 Professor Cartwright explained what is involved in
14 carrying out a lumbar puncture and how long it takes to
15 get the results from such a puncture.

16 A. Yes, sir. A lumbar puncture is carried out in the
17 lumbar spine. It needs two people as a minimum to carry
18 out a lumbar puncture. The patient is flexed or laid on
19 her side, so her knees would be drawn up to her chest in
20 order to flex the spine. That increases the distance
21 between the vertebrae, enabling it to be easier to pass
22 a needle in between two vertebrae to access the spinal
23 fluid.

24 The skin would be anaesthetised, cleaned,
25 anaesthetised and then a narrow-ish needle would be

1 passed between two vertebrae. It can be technically
2 tricky, but usually in children of Claire's age it's
3 relatively straightforward and you penetrate through the
4 outer of the meningeal membranes, the dura mater, which
5 is at a depth of about three-quarters of an inch to an
6 inch, and this usually starts to cause CSF to flow out
7 from the hub of the needle. That can then be collected
8 into a bottle.

9 Sometimes you have the misfortune, in doing this, to
10 nick a blood vessel as you are carrying out the
11 procedure, in which case the sample can become
12 contaminated with blood. I'm sure we're going to get on
13 to discussing that in a little time. The sample then --
14 there are various things that you would do. You would
15 measure the pressure because if the CSF spurts out,
16 apparently at high pressure, then this might be an early
17 indication that the CSF is under high pressure, and that
18 might indicate raised intracranial pressure. You would
19 then be cautious about how much fluid you would want to
20 take out in those circumstances.

21 THE CHAIRMAN: Mr Fortune raised a question of the length of
22 time it would take to conduct --

23 A. I'm just coming to that, sir. There are a couple of
24 hazards of the procedure. The CSF can continue to leak
25 after you've completed the procedure and patients can

1 develop headaches as a consequence of this. So they are
2 often laid flat on their back for 24 hours and
3 occasionally the headache can be persistent for a few
4 days, so that's the short-term complication.

5 An acute and rare complication is that if the
6 patient has raised intracranial pressure when the lumbar
7 puncture is done, there's a degree of controversy about
8 it, but the evidence broadly suggests that there's
9 a small risk of coning, in other words that the
10 patient's brainstem can be pushed down or sucked down
11 through the foramen magnum, which is the opening between
12 the skull and spinal column. This can cause sudden
13 death. I have once seen that happen in front of my
14 eyes, which is an awful thing to happen.

15 So lumbar puncture certainly needs to be considered
16 carefully.

17 THE CHAIRMAN: I presume those are among the reasons why
18 it's not a first call.

19 A. Yes, sir.

20 THE CHAIRMAN: Is it inevitably painful for the patient?

21 A. It's distressing more than painful, I would say.
22 Patients are not subjected to lumbar puncture without
23 a good reason.

24 If I can then move on to what happens to the
25 specimen. This is not a specimen that would sit on the

1 ward, being ignored, which does happen to blood samples
2 and urine samples and so on. This is a very precious
3 specimen. It would be given to a porter to be taken
4 directly to the laboratory. The specimen would be sent
5 to two different labs, one part of the specimen would go
6 to the chemistry laboratory and the second part to it
7 the microbiology laboratory.

8 The chemists would carry out estimations of glucose
9 and protein and the microbiologists would carry out an
10 examination of the cell content of the CSF -- that's
11 looking for white blood cells and red blood cells -- and
12 then they would put part of the specimen into
13 a centrifuge, spin it down, make a smear on a slide and
14 stain this to look for bacteria. This process would
15 take about an hour. Chemistry is a little bit quicker.

16 Strangely, and probably wrongly, there is often not
17 very good liaison between the chemistry laboratory and
18 the microbiology laboratory. Sometimes there is, if
19 they're right next door to each other and the
20 technicians will go from one to the other and look at
21 all the results together, but that's quite an unusual
22 event in my experience. Normally, the results are just
23 phoned back independently by the two laboratories back
24 to the ward.

25 THE CHAIRMAN: And the advantage of the labs liaising is

1 what?

2 A. Well, if there's a raised cell count, then the
3 microbiology technician would almost always call the
4 consultant microbiologist on call and ask them to speak
5 to the clinicians to put the findings into their
6 clinical context. In other words, how unwell the
7 patient was, and to discuss the patient's condition and
8 what the implications for treatment might be.

9 The consultant microbiologist would want to know
10 what the levels of glucose and protein were. Have
11 I answered Mr Fortune's question?

12 THE CHAIRMAN: I think you have. The point here is that if
13 the balance swings towards having a lumbar puncture,
14 then that becomes an urgent action, which is why the
15 sample does not sit waiting for the morning round, it's
16 taken straight to the --

17 A. Yes, cells can deteriorate. And if you're doing one,
18 you want the results straightaway.

19 THE CHAIRMAN: And in turn, if the results show something
20 abnormal, you involve not just paediatric consultants,
21 but perhaps a consultant microbiologist so that there's
22 a whole team exchange --

23 A. Yes, that would happen almost inevitably. I should say
24 sometimes when you do a lumbar puncture, in a case of
25 florid meningitis, the fluid is obviously turbid when it

1 comes out through the end of the needle, and in which
2 case the diagnosis is made before the specimen even gets
3 to the laboratory.

4 THE CHAIRMAN: Well, given that Claire was being treated in
5 what is, in Northern Ireland, the regional paediatric
6 hospital or the regional paediatric centre, does that
7 make it rather more surprising that this chain of events
8 didn't take place but appears not to have been
9 considered when these results were phoned back to the
10 ward at some point after midnight?

11 A. I don't think I'm critical that a lumbar puncture wasn't
12 performed. I think I'm very surprised that there wasn't
13 some discussion between the SHO and/or the registrar
14 and/or the consultant after the blood findings came
15 back.

16 THE CHAIRMAN: Yes, but we know that the registrar was
17 considering lumbar puncture on Claire's admission.

18 A. And before the blood results were available, sir, yes.

19 THE CHAIRMAN: I understood your point was: if that was
20 already under consideration before, then when the blood
21 results come back and they show this significant
22 abnormality, then that should lead to reconsideration of
23 the need for a lumbar puncture and that may or may not
24 sway the balance or tip the balance, but it becomes
25 a different calculation.

1 A. Yes, sir, that's correct. And I think you've then got
2 two choices, either a lumbar puncture or empirical
3 anti-microbial therapy.

4 MR REID: Just before we leave this topic, professor, the
5 next day Claire's parents don't consider her condition
6 to be very good in the morning, needless to say. And
7 in the afternoon, Dr Webb sees her and at 5 o'clock, he
8 directs that antibiotics and antivirals should be given.

9 I know you have said you're not a consultant
10 paediatrician or a consultant paediatric neurologist,
11 but given the raised white cell count that was obtained
12 in the morning of the 22nd, would you have expected any
13 further action to have been taken as a result during the
14 day of 22 October?

15 A. Yes. I think if -- there was a morning ward round,
16 wasn't there? I would have expected at the time of
17 reviewing the results that were available that there was
18 considerable evidence that there could be an infection
19 in the form of the low sodium and the raised white cell
20 count. You have a patient whose conscious level is
21 somewhat diminished, who's not responding normally.
22 I think again you get back to this original same
23 algorithm. Either you need more information from
24 a lumbar puncture or you need to start empirical
25 antibiotics and antivirals straightaway.

1 THE CHAIRMAN: In fact, if the position should have been
2 reconsidered in the early hours of Tuesday morning, at
3 whatever exact point in time these results are noted, if
4 that wasn't done on the early hours of Tuesday morning,
5 by the time the ward round comes, which appears to be
6 late morning, the parents are concerned about Claire's
7 condition, which they don't think has improved at all,
8 and they alert a nurse, who goes to the registrar who's
9 conducting the ward round and he then specifically goes
10 to Claire as a result of that concern having been raised
11 with him. So again, all of these factors perhaps
12 suggest that what you have suggested should have
13 occurred in the early hours of Tuesday morning should
14 have been even more prominently in mind during the ward
15 round?

16 A. Yes, sir, because you've got time for mature reflection
17 on her condition.

18 THE CHAIRMAN: And the lack of improvement in her condition?

19 A. Yes, sir.

20 THE CHAIRMAN: Thank you.

21 MR REID: Just to tie that off, if we turn over the page to
22 053, please.

23 THE CHAIRMAN: This is the note of the ward round,
24 professor. The next entry in the notes you'll see
25 coming up on the left of the screen. Dr O'Hare, the

1 registrar, has signed off twice: on Monday evening and
2 then on Tuesday, at about midnight. Dr Volprecht as SHO
3 has then signed the results. The next entry is the ward
4 round, which we understand is some point around 11-ish.
5 A. This is a cardiology registrar, I think; is that right?
6 MR REID: No, it's a paediatric --
7 A. Paediatric, right.
8 Q. This is Dr Stevenson's, the SHO, note of Dr Sands', the
9 paediatric registrar, ward round with Claire, which, as
10 the chairman said, was around 11 o'clock on 22 October.
11 If we look at the top of the page, 53, the fourth line,
12 we can see:
13 "FBC, white cell count, raised 16.4."
14 Which is a slightly different result from the 16.52
15 from the previous result, but we don't have any written
16 evidence to say that it's a different result. I think
17 Dr Stevenson has said that it may have been
18 a transcription error.
19 A. I think transcription errors are very commonplace.
20 THE CHAIRMAN: The two results on either side of that are
21 identical to the results which --
22 A. Yes. There's no material difference between 16.5 and
23 16.4.
24 MR REID: Just a final question on it. You would have
25 expected a differential the night before. If

1 a differential hadn't been done and the ward round saw
2 the white cell count raised at 16.4 or 16.5, would
3 you have expected someone to have checked to see if
4 there was a differential white cell count at that stage?

5 A. Yes, I'd have said phone the laboratory and find out
6 whether they have done a differential. If they haven't,
7 get them to do one on the same sample, which would still
8 be within the laboratory, and if the sample couldn't be
9 found, take another blood sample and then do
10 a differential white count.

11 Q. If I can turn back to the schedule at 310-022-001,
12 please. We can see then there are two further blood
13 samples taken. We have only recently been able to time
14 those as a result of the PICU notes coming in. The
15 reference for the timing is 090-057-207.

16 Both of those results seem to have come in in the
17 early hours of 23 October 1996, whenever Claire was
18 admitted to PICU, and then at the time of her first
19 brainstem tests which were 4 am and 6 am respectively.
20 You can see there, professor, that the white cell count
21 at 4 am is 9,350. Firstly, would you have expected
22 clinicians to have checked or to have asked for a repeat
23 white cell count between her admission to Allen Ward and
24 the time of her admission to PICU?

25 A. Yes.

1 Q. How often would you have expected that to have been
2 done?

3 A. In a child with neurological symptoms, I would have
4 thought that there ought to have been another blood
5 sample taken on the 22nd with a differential white
6 count.

7 Q. And would you have expected that at any time on the
8 22nd?

9 A. Yes.

10 Q. So it could have been in the afternoon, it could have
11 been in the morning, it could have been in the evening?

12 A. Well, it needed doing.

13 THE CHAIRMAN: I've been given at least three different
14 missed opportunities on the Tuesday. One is even before
15 the ward round.

16 A. Yes. That would be reasonable.

17 THE CHAIRMAN: That's been indicated to me as an important
18 or potentially important opportunity missed. Secondly,
19 on foot of the ward round. Thirdly, when Dr Webb became
20 involved, whether at 2 o'clock or 5 o'clock.

21 A. Yes, I'd agree with all of those.

22 MR REID: Anyway, we have the result for 4 am, and you can
23 see that the white blood cell count there is 9,350. Is
24 there anything that you think is significant about the
25 fact that the white cell count has fallen from 16,500 to

1 just under 9,500?

2 A. It depends what you mean by the word "significant".

3 I can't say I'm particularly surprised by the white

4 count coming down. White counts fluctuate sometimes

5 within very short spaces of time. Even an hour or two

6 could produce a difference like that.

7 Q. Does it affect in any way your interpretation of the

8 initial admission result?

9 A. No, it doesn't, no. It might be helpful, sir, just

10 to --

11 THE CHAIRMAN: Sorry, professor.

12 Could I just check, Mr Reid, that the times given

13 for the second and third counts are 4 am on Wednesday;

14 isn't that right?

15 MR REID: Yes.

16 THE CHAIRMAN: Is the next one 6 am or should it be 6 pm?

17 MR REID: 6 am, the first brainstem death test. If we bring

18 up 090-057-207, please. If we can zoom in, we can see

19 halfway down the page "WBC", and there's a score of 9.4,

20 and that row relates to 4 am, and 5.7, which correlates

21 to 6 am.

22 THE CHAIRMAN: So it's done twice in a couple of hours?

23 MR REID: Yes.

24 THE CHAIRMAN: Professor, can you remember what you were

25 about to tell me?

1 A. Yes, I was going to try to put the changing white cell
2 counts in context, sir. You need to think of the
3 bloodstream as a transport system for white blood cells.
4 The white blood cells are made in the bone marrow and
5 they're then released into the bloodstream and they're
6 taken out either because they die or, alternatively,
7 because they are migrating to a site where they are
8 needed to deal with infection or trauma or inflammation.

9 All they're doing in the bloodstream is just passing
10 up the motorway from one place to another, and the white
11 cell count at any one time depends on how many white
12 cells are being released from the bone marrow and at
13 what rate they're being cleared from the blood. So it's
14 perhaps not surprising that the counts can go up and
15 down quite dramatically. You see evidence of that there
16 with a count that's changing almost 50 per cent in
17 a two-hour period between 4 o'clock and 6 o'clock in the
18 morning on the 23rd. It's quite common for white cell
19 counts to fluctuate up and down quite dramatically. But
20 the significance remains for the white cell count on
21 admission, which is much above the normal level.

22 Q. Is there any significance to the fact that there is no
23 record of Claire vomiting between 7 am on the
24 22nd October and 11 pm on 22 October?

25 A. Sorry, can you ask me again?

1 Q. There's a record of Claire vomiting at 6 am on
2 22 October. And there's a record of a further vomit at
3 midnight on 22 into 23 October. So that's a period of
4 18 hours without any vomiting.

5 A. I think she was retching during that time, wasn't she?

6 Q. I'm subject to correction, but ...

7 THE CHAIRMAN: There is a reference to retching. I can't
8 swear offhand what the time of it.

9 MR REID: We will check that.

10 Is there any significance at the very least to the
11 fact that the rate of her vomiting seems to have
12 decreased during the day of 22 October?

13 A. I'm not sure I can comment on that because I think she
14 was starting to get treatment of some sort, wasn't she?

15 THE CHAIRMAN: She did.

16 A. There are a number of reasons why she might have not
17 vomited as much. Her conscious level might have
18 dropped, she might have had something that was having an
19 anti-emetic effect, or her stomach could have been
20 empty. Those are all reasons why vomiting could have
21 reduced in frequency.

22 MR REID: You discussed the reasons why the white cell count
23 may have been low on those two samples. Is it possible
24 one of the reasons why the white cell count is lower in
25 one of those two samples because any infection or any

1 infective process had gone away or wasn't present any
2 more at those times?

3 A. Well, that would be a reason, but I don't think that can
4 have been the reason because the changes were too quick
5 here and if Claire did have an infection -- which
6 I think she did -- then it would be very surprising if
7 the white cell count had gone down as a consequence of
8 the infection mitigating itself.

9 THE CHAIRMAN: The counts are lower, but they're not low; is
10 that right?

11 A. No, sir, the counts are in the normal range.

12 THE CHAIRMAN: So the second one at 9.35 and then 5.54,
13 certainly the 9.35 is in the normal range. 5.54 is
14 getting towards the lower end.

15 A. Yes.

16 THE CHAIRMAN: Mr Fortune?

17 MR FORTUNE: Sir, if we put in front of Professor Cartwright
18 the timeline, which is 310-001-001, could
19 Professor Cartwright help us as to whether any of the
20 medication referred to on the timeline might have
21 affected the drop in the white cell count? And if so,
22 in what way. If it's outside his field of expertise, he
23 will no doubt tell us.

24 THE CHAIRMAN: I think in your absence, Mr Fortune, we've
25 got perhaps a more easily readable chart than that. If

1 we go to 310-020-001. It shows when various -- rectal
2 diazepam being given at 12.15 on the Tuesday, phenytoin
3 at 2.45, midazolam at 3.25.

4 A. Within my knowledge, I don't think any of those drugs
5 would have been likely to have lowered the white cell
6 count --

7 THE CHAIRMAN: Okay.

8 A. -- as far as I am aware. I would defer to an expert
9 pharmacologist, though.

10 MR REID: And in particular, the cefotaxime, the antibiotic,
11 or the acyclovir, the antiviral, would it be within your
12 expertise to say whether those could have affected the
13 white blood cell count?

14 A. Much is made of acyclovir as an antiviral agent, but it
15 does need to be pointed out that it is really only active
16 against one small group of viruses, the herpes group of
17 viruses, and it's important in this context because
18 herpes simplex virus is the commonest identified cause
19 of viral encephalitis in the UK. But it's by no means
20 the only virus that causes encephalitis, and acyclovir
21 has no activity, for example, against enteroviruses,
22 which would have been suggested by Claire's initial
23 gastrointestinal symptoms as a possible cause of
24 encephalitis. If you had herpes encephalitis, I don't
25 think you would expect acyclovir to have caused

1 a reduction in the white cell count as quickly as that.
2 So I think these were just secular changes for reasons
3 that I can't readily explain, other than to say that the
4 white count fluctuates quite dramatically and quite
5 frequently.

6 Q. Professor, if I can now turn to the post-mortem CSF
7 results. That's at 090-030-095. Although the date is
8 not clear on this, I believe it was taken post-mortem
9 and that the date of it is 24 October 1996.

10 We can see there the cerebrospinal fluid analysis:

11 "Appearance, blood stained. Supernatant, straw
12 coloured. Protein, 95 grams per litre (normal range of
13 0.15 to 0.45). Globulin present, plus plus plus.
14 Erythrocytes, 300,000. Leukocytes 4,000. Cytology,
15 mostly lymphocytes."

16 If I can ask you firstly about cerebrospinal fluid.
17 For the laypeople within the chamber, can you just
18 explain the difference between a cerebrospinal fluid
19 result and a blood result?

20 A. Yes, sir. There is a physical barrier between the rest
21 of the body and the brain, called the blood-brain
22 barrier, which I imagine the inquiry has heard about
23 before. This is a highly effective barrier and, in
24 evolutionary terms, it's there to prevent toxins,
25 bacteria and anything else unpleasant which manages to

1 get its way into the bloodstream from accessing the
2 brain. So it provides a sheltered environment for the
3 brain.

4 Spinal fluid is derived from blood. The content of
5 spinal fluid is mainly water, electrolytes and a small
6 amount of protein. These all derive from blood. It's
7 clear in appearance, unlike blood, which of course has
8 large numbers of circulating red cells, which gives it
9 its red colour. So CSF should be crystal clear.

10 It can become abnormal when the blood-brain barrier
11 is breached or as a consequence of changes that occur
12 for other reasons within the boundaries of the meningeal
13 membranes. But we can set those on one side. I'm
14 thinking here about things like intracerebral tumours
15 and other complications like that, which are not
16 relevant to this case.

17 So effectively the changes that occurred in Claire's
18 CSF were a consequence of changes that affected the CSF
19 via, originally, external mechanisms.

20 Q. If I can ask you about that. Firstly, can I assume from
21 what you have said then that you would not normally find
22 red blood cells, erythrocytes, in the cerebrospinal
23 fluid?

24 A. No, that's correct. You're allowed a very small number
25 of white blood cells, but effectively very close to

1 zero -- less than about 5 white blood cells per cubic
2 millimetre of CSF -- and no red blood cells.

3 Q. So a very small number of white blood cells and no red
4 blood cells is the usual CSF?

5 A. That's correct.

6 Q. And in what circumstances then do you find a larger than
7 that small amount of white blood cells?

8 A. If you have white blood cells without any red blood
9 cells, then the reasons would be either inflammation or
10 infection. But classically and most commonly, it would
11 be infection. This would be caused predominantly by
12 meningitis because meningitis is much commoner than
13 encephalitis. But you can also get white blood cells
14 in the CSF with encephalitis. There are other causes as
15 well. So for example, if you have an intracerebral
16 abscess, then there is a sympathetic inflammatory
17 reaction within the spinal fluid, and the white cell
18 count will rise. If you have other conditions, like
19 a subdural haematoma, if there has been trauma to the
20 skull, then again there can be an inflammatory secondary
21 reaction to the bruise, the subdural haematoma. So if
22 there's an inflammatory process happening adjacent to
23 the meninges, you can get a raised white cell count, but
24 what you fear and what you need to establish
25 diagnostically is whether or not there is an infective

1 process going on.

2 Q. On a lumbar puncture, it is CSF you get as a result of
3 the lumbar puncture; is that right?

4 A. Yes, although sometimes when you have a difficult lumbar
5 puncture to do, it's possible to only sample blood and
6 to miss the CSF. That doesn't happen very often in
7 children because by and large they're straightforward.
8 Children of Claire's age are normally easy to lumbar
9 puncture. Not invariably so, but normally easy. The
10 circumstances under which you get blood contamination of
11 CSFs would normally be in much smaller children,
12 neonates in the first month of life, or elderly people
13 who have rather creaky arthritic backs where it can be
14 very difficult finding a space within which to insert
15 the needle to reach the intradural space. But in
16 children of Claire's age, normally, lumbar puncture is
17 a relatively straightforward procedure, although in this
18 case, since it was carried out by a histopathologist,
19 they wouldn't have so much experience of doing lumbar
20 punctures as paediatricians would, for example.

21 Q. They don't need to be as careful?

22 A. I think it's just that they generally have less practice
23 at doing it. There is a knack to doing lumbar
24 punctures.

25 Q. You said that the white blood cells will be present

1 in the CSF if, for example, there was infection or
2 inflammation. Is that only if there's an infection or
3 inflammation of the brain or does it also occur if
4 there's an infection elsewhere in the body?

5 A. I had mentioned some of the reasons why you might get
6 white blood cells in the CSF, despite there being no
7 infection present within the spinal fluid, and that's if
8 you had, for example, a subdural haematoma or an
9 osteomyelitis, for example, of a skull bone would cause
10 an inflammatory response. These are very rare
11 conditions and we can set those aside.

12 Q. My point is, say you have a stomach bug or you have
13 a chest infection or something of that nature --

14 A. No, you wouldn't expect any white cells in the CSF.
15 Even with a septicaemic illness, you wouldn't expect to
16 have white cells in the CSF -- "septicaemic" being a
17 blood-borne bacterial infection. In essence, if
18 you have white cells in the CSF, you have infection
19 within the dura mater, the outer meningeal membrane, and
20 that infection can be of either the brain substance
21 itself, which is encephalitis, which is rare, or it can
22 be meningitis, which is much commoner. Meningitis is an
23 infection of the meningeal membranes, but curiously with
24 a sparing of the brain substance itself. Clinicians
25 write the phrase or the word "meningoencephalitis" much

1 more frequently than is pathologically confirmed. this
2 is not a good description of what goes on. In
3 meningitis, there is an inflammation of the membranes
4 surrounding the brain. It's very rare to get an
5 encephalitis as well when you get meningitis. Very
6 unusual indeed. And encephalitis is a pure infection of
7 the brain substance without much in the way of meningeal
8 irritation.

9 Q. So is the majority of time that clinicians say
10 meningoencephalitis, they really mean encephalitis?

11 A. No, they mean meningitis.

12 Q. I see. We're going to have to take a break shortly and
13 then we'll get on to the specifics of Claire's CSF.
14 Before we do that, can I ask you, we see there it's
15 mostly lymphocytes on that. In viral cases, is it the
16 same as in blood that you expect more lymphocytes than
17 neutrophils?

18 A. Yes, that's correct. It's not uncommon, as Dr Evans has
19 observed in his evidence, that in the initial stages of
20 viral infections, you can get a rise in the neutrophil
21 count as well, particularly in the peripheral blood.
22 But within the CSF that doesn't happen, you get strong
23 predominance of lymphocytes over neutrophils. The only
24 other circumstance in which that happens at all
25 frequently is in partially-treated bacterial meningitis,

1 which, because of the rarity of encephalitis, probably
2 is more frequently seen in absolute terms. And that
3 needs to be excluded in cases. So this would occur, for
4 example, when a child has got early meningitis, has not
5 arrived in hospital, and the GP is aware that the child
6 is unwell, hasn't made the diagnosis, and starts an oral
7 antibiotic. And the child is able to absorb the
8 antibiotic -- sometimes children are vomiting a lot and
9 they don't absorb the antibiotic, but in this case
10 they're able to absorb the antibiotic -- enough of it
11 gets into the spinal fluid to partially treat the
12 meningitis, and this can sometimes go on for a few days.

13 When that happens, the white cell response changes
14 from being 90 to 95 per cent polymorphs or neutrophils
15 to being a predominance of lymphocytes. That's not all
16 that uncommon a situation. But other than that, the
17 finding of lymphocytes in the CSF implies one of two
18 things. And that's either a chronic bacterial
19 infection, which would be something like listeria or
20 tuberculosis. These are rare infections. Or it would
21 be a viral meningitis or a viral encephalitis. So to
22 find lymphocytes predominating in these clinical
23 circumstances where bacterial infection is not likely at
24 all, really points the finger very strongly towards
25 a viral infection.

1 Q. Do you see any evidence of any chronic bacterial
2 infection in Claire's case?

3 A. No, this is viral infection until proved otherwise.

4 MR REID: Mr Chairman, I think that's a good opportunity for
5 a break.

6 THE CHAIRMAN: Yes. Just on a perhaps minor point: you have
7 been saying that when doctors write
8 "meningoencephalitis", what they actually really mean is
9 meningitis rather than encephalitis.

10 A. Yes.

11 THE CHAIRMAN: What does the term "meningoencephalitis"
12 actually mean? What is the point of adding
13 "encephalitis" to that term?

14 A. Well, to a histopathologist, it would mean an
15 inflammatory process going on within the brain substance
16 itself as opposed to on the superficial level of the
17 brain, in other words the bit in contact with the
18 meninges, the meninges being the membranes surrounding
19 the brain. To a clinician, meningoencephalitis would
20 mean a patient who has meningitis, but who also has
21 symptoms of depressed consciousness, for example, that
22 would be consistent with a process going on within the
23 brain itself.

24 THE CHAIRMAN: Lethargy and drowsiness?

25 A. Yes, although of course those are common in meningitis

1 as well. So it's an abused term by clinicians. I would
2 side with the histopathologists being more pedantically
3 correct.

4 THE CHAIRMAN: Of course you would! Okay. We'll take
5 a break and we'll be back in about 10 minutes,
6 professor.

7 (11.36 am)

8 (A short break)

9 (11.53 am)

10 MR REID: Mr Chairman, just before I go back to the CSF,
11 there is one blood result that has been left off the
12 schedule, which will be added on. I had a brief look
13 at the original notes over the break. If we bring up
14 090-032-112, please. I think this has been referred to,
15 in fairness to the professor, in his report. This was
16 a blood sample, it's dated 24 October, so it seems to
17 have been a blood sample that was taken post-mortem.
18 The leukocytes level on that is 5.7, which doesn't seem
19 to be that different from the level of 5,540, 5.54,
20 taken at 6 am on 23 October.

21 THE CHAIRMAN: Sorry, where is the date on this?

22 MR REID: Unfortunately, it is blacked out, but I can assure
23 you, Mr Chairman, I checked it over the break that it is
24 24 October.

25 Before we go back to the CSF, professor: is there

1 any significance to the fact that that blood sample,
2 which was taken post-mortem, and is 5.7 is similar in
3 nature to the blood sample that was taken at 6 am on
4 23 October, the day before, which is 5.54? Is there any
5 significance to that?

6 A. I don't think I've ever seen a blood sample that was
7 obtained post-mortem and then put through a Coulter
8 counter. I'm not altogether surprised at the results,
9 but I can't really offer any interpretation of them.

10 MR McALINDEN: [Inaudible: no microphone] checked again
11 because I would be equally surprised if a blood sample
12 was taken post-mortem and found its way into the
13 clinical records [OVERSPEAKING].

14 THE CHAIRMAN: Do we have the files here?

15 MR REID: We have do have the originals. I checked those
16 over the break and it was my impression that both the
17 specimen and the result were 24 October.

18 A. I have a comment to offer. The dates on pathology
19 reports are to be treated with a high degree of
20 suspicion, particularly for samples that are taken
21 overnight, because the way pathology laboratories work
22 is that for specimens taken outside office hours, they
23 may only be entered on to the laboratory computer system
24 on the following day and the laboratory computer system
25 often generates an automated date. So a specimen that

1 was taken, for example, at 5.15 in the evening of the
2 21st of the month would often be dated the 22nd. And if
3 there was then a further -- in haematology cases, this
4 wouldn't be relevant, but if it then took a further
5 24 hours to produce a result, you would then have
6 a report printed apparently two days later. So you need
7 to look with some care at the interpretation of the
8 dates here. I don't think I can ever recall seeing an
9 ordinary full blood count being performed on
10 a post-mortem sample --

11 THE CHAIRMAN: Your best guess is that if this is somehow
12 dated 24 October, your best guess is that it was --

13 A. Taken during life.

14 THE CHAIRMAN: -- probably the 23rd?

15 A. Yes.

16 MR REID: Is there any significance to the result?

17 A. No.

18 Q. Simply it was a result that I hadn't put to you, so
19 I wanted to do that.

20 If I can then go to the post-mortem CSF again at
21 090-030-095, please. The first entry on that is:

22 "Appearance, bloodstained. Supernatant, straw
23 coloured."

24 What is your impression of what that means?

25 A. If I can go to the supernatant first, I mentioned before

1 that CSF should be crystal clear, and it was straw
2 coloured in this case. By supernatant, that implies
3 that the change in the colour of the CSF cannot have
4 been due to the red cell contamination that was present,
5 as evidenced by the 300,000 red blood cells per cubic
6 millimetre.

7 This is a consequence of the colour of the CSF once
8 the red blood cells have settled out of the specimen,
9 which they will do quite quickly. What this tells me
10 is that there has been some lysis, some breakdown, of
11 the red blood cells. "Straw coloured" implies either
12 that there weren't many very red blood cells, which is
13 the case. 300,000 erythrocytes sounds a lot, but it is
14 not that many, actually. The "straw coloured" tells you
15 that some of those red cells had started to break down,
16 which would be consistent with the fact that the
17 specimen was obtained on the day after Claire's death.

18 The "appearance, blood stained". I would expect the
19 specimen to have been obtained even after Claire's death
20 by the same procedure that would have been used had she
21 been alive. In other words, that the specimen was
22 obtained before the limited autopsy was carried out and
23 by a lumbar puncture. Assuming that to be the case,
24 then this looks as though the specimen has been
25 contaminated by some blood as a consequence of the

1 sampling process rather than the blood having been
2 in the CSF throughout.

3 The reason for that is that I can't think of any
4 good reason why there would have been blood staining
5 in the CSF. The classical reason for blood staining
6 in the CSF is when you have had a subarachnoid
7 haemorrhage, which is a bleed which liberates blood
8 directly into the spinal fluid. There was no clinical
9 indication that Claire had had such a complication and
10 it would be very unlikely in a child of Claire's age
11 that she had a subarachnoid haemorrhage, so I think the
12 most likely reason for this blood staining was that
13 a vessel was nicked and it leaked a little bit of blood
14 into the CSF.

15 THE CHAIRMAN: In the way that you described before the
16 break?

17 A. Yes.

18 MR REID: You said that a blood vessel may have been nicked
19 in order to allow some blood then to enter the CSF
20 sample that was taken, but whenever the CSF sample is
21 analysed, the blood cells are separated from the fluid
22 and that leaves the supernatant --

23 A. Yes.

24 Q. -- which you say in this case was straw coloured rather
25 than clear, and that was due to the breakdown of some of

1 the red cells; why does that happen?

2 A. Because, after death, all cells deteriorate slowly. You
3 can slow the process of deterioration or breakdown of
4 cells by lowering the temperature, which is why cadavers
5 are stored in fridges before post-mortems are
6 undertaken. But there's a breakdown of all cells that
7 occurs after death. You can make an estimate of the
8 degree of blood contamination by looking at the numbers
9 of red blood cells, so this looks like about a sort of
10 10 to 15 -- about an 8 to 10 per cent contamination of
11 blood within CSF.

12 Now, the white cell count is -- sorry, I'd better
13 get back to the other ... Before I start on these,
14 shall I just go through the protein and the globulin or
15 do you want me to deal with those later?

16 Q. I'll bring you to it in a minute.

17 You say the fact it's straw coloured is of no
18 significance; it's simply that the sample was
19 contaminated by the nicking of a blood vessel, for
20 example, and then those blood cells broke down --

21 A. Some of them broke down.

22 Q. -- over time in order to give that straw colour. So
23 we have that. And the reliability of the rest of the
24 sample, is that affected in any way by the fact that
25 it's bloodstained?

1 A. I have put in my report, and I would reiterate, that
2 I think there are few doctors in the United Kingdom or
3 indeed anywhere else who can speak with any authority on
4 the rate of changes occurring in CSF after death because
5 there's very, very little experience of this.

6 Q. We'll get to the reliability post-mortem in a moment.
7 Does the fact that it's bloodstained affect the
8 reliability of using the CSF?

9 A. To an extent it does affect the reliability.

10 Q. And is the reliability affected depending on how
11 bloodstained it is?

12 A. Yes. In essence, when you're taking a sample of CSF,
13 what you're trying to do is to look at what the changes
14 are within that particular fluid within its body
15 compartment. Once blood starts to enter the CSF, then
16 you start to get contamination and you start to get
17 a mixed measure of what's happening in the blood
18 compared with what's happening in the CSF. This
19 particular sample presents unusual problems because of
20 the protein, which is unexplainable to my mind.

21 Q. We'll get to that in a moment. In terms of how
22 bloodstained this sample was, do you think that affected
23 the reliability of this particular sample or are you
24 happy with the reliability of the sample?

25 A. You've got a degree of uncertainty as to how to

1 interpret the leukocyte count here because of the blood
2 contamination. If Claire had had meningitis or
3 encephalitis and if there had been no ante-mortem
4 bleeding, which is likely to have been the case, some of
5 those lymphocytes or leukocytes could have been present
6 in the CSF before the blood contaminated the CSF.
7 Alternatively, the leukocyte count could have been
8 purely a reflection of the blood contamination of the
9 CSF and it's not possible to differentiate between those
10 two.

11 Q. I think you have said in your report that when the CSF
12 is bloodstained, looking at the ratio of white to red
13 blood cells is a crude tool in assessing the likelihood
14 of a truly raised white blood cell count; is that right?

15 A. Yes, it is, because the peripheral white blood cell
16 count can vary, and in these circumstances as well we
17 don't have good data on the rate of deterioration of red
18 blood cells and white blood cells after the patient has
19 died.

20 Q. Let me move on to that. I think you say in your report
21 that, like most clinicians, you have almost no personal
22 experience of assessing CSF post-mortem; is that right?

23 A. I think I've seen something like about half a dozen in
24 my career. It wouldn't be as many as ten. And I would
25 think that would be common for virtually every other

1 clinician. It might well be that they've seen fewer
2 still because I took a particular interest in
3 following-up patients who had died with meningitis
4 during the course of a long outbreak.

5 Q. Do you have any knowledge of any studies or
6 investigations as far as post-mortem CSF results are
7 concerned?

8 A. No, I don't, no.

9 Q. Do you know of any factors that might then affect the
10 reliability of a CSF taken post-mortem?

11 A. I do know that white cells are likely to deteriorate
12 faster than red blood cells, but that's really the only
13 information I can offer here.

14 Q. In that case, if the white blood cells are still high,
15 then that might indicate that they were higher still at
16 an earlier point; is that correct?

17 A. That's a possibility. I suspect those that these
18 results are relatively reliable because the post-mortem
19 was carried out quite shortly after Claire's death, and
20 because of her size -- I'm sorry, this is very
21 distressing for the parents, I'm sure -- her body would
22 have been refrigerated quite quickly after she had left
23 the ward and that would have slowed the rate of
24 deterioration. So I would think that having given the
25 qualifications that I have about the interpretation,

1 that I believe you can look at these results and try and
2 make some sort of sense of them.

3 Q. You were then saying about the protein result in front
4 of us, which is 95 grams per litre. If we bring up your
5 report at 233-002-009, please. There you say:

6 "The upper limit of the protein level in life is
7 0.4. The highest CSF protein levels I have ever
8 encountered in living patients have been around 10 to 12
9 in cases of severe and advanced untreated tuberculous
10 meningitis. I would view a CSF protein level of 95 as
11 being incompatible with life and therefore having been
12 obtained only after death."

13 Later on, I think you say that:

14 "[You] can offer no meaningful theory as to how the
15 level could be anything other than a rogue, false
16 result."

17 Would you be able to explain any further than that,
18 professor?

19 A. Well, if you carry on in that sentence, it states that
20 the highest upper limit of normal protein within
21 peripheral blood is around 80 grams per litre, and
22 we have a level here which is 15 grams per litre higher
23 than that. As far as I'm aware, the only circumstance
24 in which you might have a higher protein level in
25 peripheral blood would be in a group of conditions

1 called paraproteinaemias, which include cancers in which
2 a particular white blood cell type, which makes an
3 immunoglobulin becomes cancerous and then produces vast
4 amounts of protein. Myeloma, Waldenstrom's
5 macroglobulinaemia -- and there are two or three other
6 conditions which can do this. But these are all
7 conditions of elderly adults and there is no possibility
8 that Claire had any of these. So this is a ridiculous
9 result. It could not possibly be true.

10 Q. You have absolutely no reason whatsoever why it was even
11 elevated let alone elevated to the degree of 95 grams
12 per litre?

13 A. Yes, in a sense I should not have even put in "and
14 therefore having been obtained only after death".
15 There's no possibility this result can be meaningful.
16 It's a rogue result of some sort. The decimal point has
17 got in in the wrong place or ...

18 Q. Even in a case where a decimal point had been put in
19 in the wrong place, say you had a 9.5 for example --

20 A. I wouldn't believe that either.

21 Q. Why would you not believe a 9.5?

22 A. It wouldn't be -- it could not have happened that
23 quickly. The results that you get in tuberculous
24 meningitis are a reflection of a chronic meningitis
25 that's been going on for weeks. I've never seen

1 proteins of this height in acutely ill patients. 0.9

2 would be believable but no higher than that.

3 Q. And 0.9 would be above the upper limit?

4 A. Yes, but that would be believable.

5 Q. If it was 0.9, let's say for the sake of argument, what
6 might that show?

7 A. Well, it shows that the blood-brain barrier is leaky or,
8 alternatively, that there is production of antibody
9 within the CSF. As I explained earlier in relation to
10 the virology results, it was too quick for production of
11 antibodies within CSF, so the only explanation, and
12 a perfectly credible explanation, would be that the
13 blood-brain barrier had become leaky and that this
14 reflected migration of protein from the blood into the
15 spinal fluid. But that would be very believable in the
16 clinical context.

17 Q. If we bring up 090-030-095 again, please. Does the fact
18 that the protein seems to be such a rogue result affect
19 any of the reliability as far as you're concerned of the
20 rest of the result?

21 A. No. The protein would have been estimated on
22 a completely different machine and possibly even within
23 a completely different laboratory. The cell counts
24 would have been done either by hand, using a counting
25 chamber and a microscope, or they would have been done

1 in a device called a cytometer, which automates that
2 process. I rather suspect that they've been done in
3 a cytometer.

4 THE CHAIRMAN: Professor, can I ask you this: the form which
5 we have up on the screen now, is that a pro forma into
6 which some specific results are entered?

7 A. It may have been, sir, I don't know. This may be
8 something specific to the hospital. It's not
9 a presentation of results that I've seen very
10 frequently.

11 THE CHAIRMAN: Yes, for instance, it shows the line "normal
12 range, 0.15 to 0.45" below the protein. If that isn't
13 a standard line, that means -- that suggests that
14 whoever put this printoff together was specifically
15 drawing attention to the rogue protein result, if we can
16 call it that.

17 A. Yes.

18 THE CHAIRMAN: And in that event, one might have thought
19 that if somebody was doing that, that they might have
20 double-checked the protein result. So what that
21 suggests to me is that whoever was putting this together
22 would have double-checked that that's not supposed to be
23 0.9 or 9.5. Before you added a note to the effect of
24 what the normal range is, you would double-check that
25 the result you're putting in context is in fact an

1 accurately transposed result.

2 A. I think it's certainly drawing the attention of the
3 clinicians to the fact that this is a highly abnormal
4 result. But it's not a terribly helpful comment in that
5 it doesn't offer any explanation as to how this has
6 occurred. As I say, I cannot explain it; it's
7 a completely unbelievable result.

8 THE CHAIRMAN: Okay.

9 MR REID: If we move on then --

10 A. I think you've made a very good point, sir. The
11 concatenation of these results -- I don't know who put
12 these all together, but it doesn't strike me that they
13 all came from one laboratory. The cytology may well
14 have come from one laboratory, the protein estimation
15 for a chemistry laboratory. I don't know who did the
16 globulin or by what method, so I can't offer any
17 interpretative comments on that. This is quite an
18 unusual grouping of results to find on one single
19 report. It may be that it was done within the
20 histopathology laboratory because of the unusual nature
21 of Claire's illness and her death.

22 THE CHAIRMAN: If these results are being grouped for the
23 analysis of the CSF, is there any entry in it which you
24 would expect to be there, which isn't, or alternatively,
25 is there an entry there which you would not normally

1 expect to be there?

2 A. I've never seen a figure for globulin put down for a CSF
3 result. Unless you go back to the 1970s, really, when
4 estimates were made of the types of protein within the
5 CSF. It's a strange report. That's really all I can
6 say. My guess is that it was put together by the
7 histopathologist -- Dr Herron, is it? -- who carried out
8 the limited post-mortem. He may have gathered together
9 these results.

10 THE CHAIRMAN: So since the 1970s, you would not have
11 expected to find globulin?

12 A. No, that's quite an unusual result.

13 THE CHAIRMAN: Is there anything missing?

14 A. No, I don't think there's a normal here -- sometimes
15 histopathologists will put very little data down in
16 their reports and sometimes they'll put rather more.

17 THE CHAIRMAN: Okay, thank you.

18 A. There isn't a standard format for a report of this
19 nature.

20 MR REID: While we're on that, you see in the cytology it
21 says "mostly lymphocytes". I asked you earlier about
22 the differential white cell count. Would you have
23 expected actual counts of the cells in that section
24 rather than just "mostly lymphocytes"?

25 A. No, not necessarily. If this was done by hand, using

1 a counting chamber -- or actually even if it was done
2 using a cytometer -- then I think it would be
3 a reasonable way to report the findings.

4 Q. Let's move to that. There's a red blood cell count, the
5 erythrocytes, of 300,000, and there's a white cell
6 count, leukocytes, of 4,000. Would I be right in saying
7 that when it comes to CSF, the ratio of red blood cells
8 to white blood cells can be important?

9 A. One in 500 is the sort of classical finding. In other
10 words, a reflection of what you get in blood. It can go
11 down a bit lower than that because sometimes,
12 particularly when you have meningitis, you will have
13 a raised peripheral white blood cell count as well. So
14 if the peripheral white blood cell count is 20,000, then
15 obviously you'll have a higher proportion of white blood
16 cells in the CSF as well. So I wouldn't get excited by
17 ratios going down as far as 1 in 250. Below that,
18 I would start to say, right, let's have a careful look
19 at what the clinical symptomatology of the patient was
20 and whether this looks like a credible result or not.

21 Q. So here we have a ratio of 75 to 1.

22 A. Yes. This is markedly abnormal, if it's believable.

23 Q. Are you saying, from what you just said there, that the
24 simple ratio by itself of 75 to 1 isn't enough, you'd
25 want to look at the clinical history as well to see if

1 it matched a possible infection as well?

2 A. Well, if it was 1 in 200, I'd be suspicious. 1 in 75,
3 I'm very suspicious indeed.

4 Q. Suspicious of?

5 A. An infectious or inflammatory process going on in the
6 CSF.

7 Q. You said earlier that one of the reasons actually why
8 you've been instructed by the inquiry was to look at the
9 views of Dr Brian Harding and Dr Dewi Evans. In your
10 report, you say that you agree entirely with Dr Evans'
11 hypothesis; is that right?

12 A. Well, I agree with -- yes. Again, I should have stated
13 that more clearly and I apologise for that, sir.
14 I agree with the conclusions that he's come to
15 in relation to the abnormality of the CSF findings.

16 Q. Let's go to those views. If I bring up 096-022-132,
17 please. This is part of Dr Evans' report to the PSNI.
18 We see there he says:

19 "Post-mortem, the pathologist arranged analysis of
20 the cerebrospinal fluid. The findings are interesting.
21 The sample was, unfortunately, bloodstained, which makes
22 interpretation more difficult. However, the number of
23 white cells in the sample is far greater than what one
24 would expect if the leukocytes [the white cells]
25 reflected the normal mix of blood cells that leaked into

1 the CSF during the process of obtaining the CSF sample."

2 And he says about the ratio of 1 to 75 and what you
3 have said about the ratio of one white cell per 500 red
4 cells being the normal ratio; can you see that there?

5 A. Yes, I do.

6 Q. He says in the next paragraph:

7 "The CSF analysis in Claire's case contained
8 a disproportionate number of leukocytes giving this low
9 ratio of 1 to 75. This suggests that Claire's CSF
10 contained a genuine increase in white cells, which is
11 what one would find in a patient with
12 meningoencephalitis. It is also important to note that
13 these white cells were mostly lymphocytes. This is what
14 one would expect with a patient with meningoencephalitis
15 of viral cause."

16 Apart from the meningoencephalitis cause, which we
17 discussed earlier, are you saying that you agree with
18 Dr Evans' hypothesis?

19 A. I agree wholly with that, and in fact I wrote my report
20 deliberately without reading Dr Evans' report first and
21 found that we had come to identical conclusions both in
22 respect of the red cell to white cell ratio and of the
23 predominance of lymphocytes.

24 Q. So first of all, yes, you think there's a high number of
25 white cells and you think that those white cells are

1 mostly lymphocytes, which indicates a viral cause.

2 A. Within the clinical context, yes.

3 Q. So what is then your overall conclusion as regards what
4 you think the infection might have been?

5 A. Well, I need to add, before I come back to that, I just
6 need to add that I think if Claire had had meningitis --
7 inflammation of the meninges but without inflammation of
8 the brain substance -- then I think this would have been
9 evident on a naked-eye examination at the time Dr Herron
10 carried out the limited post-mortem. And I think
11 meningitis can be excluded.

12 I do think, though, that she had intracerebral
13 infection, which was viral in nature, at the time that
14 she died.

15 Q. And is that purely on the fact that the white cell ratio
16 is increased and that those were mostly lymphocytes or
17 what other information are you basing that on?

18 A. It's purely on that information, but there is supporting
19 evidence in terms of the clinical picture when she first
20 presented. The hyponatraemia, which was present before
21 she arrived in hospital, which would be a feature
22 that is seen not infrequently in either viral meningitis
23 or encephalitis --

24 THE CHAIRMAN: Is that the sodium count of 132 that you're
25 talking about there?

1 A. Yes, sir. There are many causes of a low sodium, but
2 they include meningitis and encephalitis.

3 THE CHAIRMAN: Thank you.

4 A. And Claire's clinical picture was certainly consistent
5 with an encephalitic picture with her slurred speech.
6 Dr Webb made helpful comments here when he said he
7 thought that the motor symptoms that Claire had when he
8 assessed her at the end of her first day in hospital,
9 the first 24-hour period, he thought the motor symptoms
10 might be long-standing issues. Again, Claire's parents
11 might be able to help on that matter. But slurred
12 speech and depressed conscious level, I would imagine
13 were not part of her normal persona and therefore they
14 probably reflected part of the acute illness that
15 brought her to hospital in the first place and those
16 would be consistent with an encephalitis.

17 MR REID: Just to be clear, the basis of the admitting
18 hyponatraemia, you think that was some sort of
19 encephalitis causing SIADH, causing hyponatraemia; would
20 that be correct?

21 A. Yes, I think it's important to note that Claire had
22 encephalopathic symptoms, which caused her to come to
23 hospital, and which preceded any issues of fluid
24 resuscitation and the content of those fluids. So there
25 was an illness going on, clinically, that looked

1 encephalopathic, and it was associated with
2 a pre-hospital hyponatraemia, and then there were the
3 other features which also supported the fact that there
4 was an acute infection going on: the raised peripheral
5 white blood cell count and then the evidence from this
6 CSF specimen that there was a lymphocytosis within the
7 CSF at the time that Claire died.

8 Q. We'll get on to the views of some of the other experts
9 in a moment. You have said that because of the raised
10 white cell on admission and because of the hyponatraemia
11 and because of the vomiting and the increased
12 neurological signs and so on, you think that there may
13 have been that viral encephalitis from admission; would
14 that be a fair summary?

15 A. Certainly a viral -- yes, that's correct because even if
16 she'd had a viral infection that had not at that stage
17 involved the meninges, then she should not have had
18 a reduced conscious level. She shouldn't have been
19 drowsy, she shouldn't have had slurred speech.

20 Q. Could it be possible that, for example, she had another
21 infection, say a gastro-enteritis bug or something of
22 that nature, she was vomiting because of that, she lost
23 sodium because of the vomiting and that's why she had
24 a low sodium on admission, but that there was no viral
25 infection of the brain at that point?

1 A. You have to account for why it was that she had her
2 neurological symptoms. I'm not an expert in this area,
3 but it would be my understanding that even a sodium of
4 132 wouldn't be sufficient to cause confusion,
5 drowsiness or slurred speech. But I would defer to
6 a metabolic expert in that.

7 Q. So would it be fair to say that the sticking point for
8 you, why you think there might have been an infection of
9 the brain on admission, is because of those neurological
10 symptoms?

11 A. Yes.

12 Q. To be fair to you, professor, you don't have the
13 expertise to make any extra leaps; would that be fair?

14 A. Well, as far as I'm aware, a small degree of
15 hyponatraemia such as Claire had on admission wouldn't
16 have been sufficient to cause her neurological symptoms,
17 her new neurological symptoms.

18 THE CHAIRMAN: The sodium level is a bit low, but not so
19 low --

20 A. Not so low as to cause those symptoms.

21 MR REID: I think you probably know by now where I'm going
22 in that --

23 A. Why wasn't there histological evidence of such
24 encephalitis when Professor Harding carried out his
25 re-examination of those specimens?

1 Q. Precisely.

2 A. Well, encephalitis or encephalopathy can be slowly
3 progressive. In fact, it quite often is. But I suppose
4 that then brings us back to the issue of, if this was
5 a slowly developing encephalopathy in which there wasn't
6 much pathological change in Claire's brain, then how
7 could she have developed cerebral oedema sufficient to
8 cause her to cone and then to die?

9 Q. If I can stop you at that point. We'll set out the
10 background of that. Dr Harding, who's a consultant
11 neuropathologist at Great Ormond Street Hospital,
12 provided a report on behalf of the PSNI, dated 22 August
13 2007. One of the references for that is 096-027-359.
14 Just at that page, this is on his microscopic
15 examination, he looked at numerous blocks taken from the
16 cerebral hemispheres and:

17 "In these sections there was no evidence of
18 meningitis or encephalitis, inflammation of the brain
19 and its coverings."

20 His final conclusion is that he found no
21 neuropathological evidence to support a diagnosis of
22 encephalitis. You're aware, obviously, of his opinion
23 at that point.

24 A. I am.

25 Q. You then asked in your first report -- that's

1 233-002-006 ... At number 4 you said that Dr Harding
2 found no neuropathological evidence to support such
3 a diagnosis and you asked that:

4 "It would be helpful to gain an understanding from
5 Dr Harding as to whether, in his experience, an acute
6 and fulminant encephalitis causing cerebral oedema,
7 coning and death in the space of three days could occur
8 in the absence of clear neuropathological changes
9 possibly as a result of the rapidity of development of
10 such an infection."

11 And Professor Harding answered that query, which was
12 put to him by the inquiry, in his report dated
13 18 March 2011. That's at 235-002-001. There's your
14 query in the middle. His answer was:

15 "My experience does not support this contention.
16 Given the marked degree of brain swelling noted
17 clinically (including papilloedema and CT scan) and
18 confirmed at post-mortem, I consider it extremely
19 unlikely that microscopic evidence of encephalitis would
20 not be evident by 3 days. I have seen it occurring
21 within 36 hours."

22 You reply in your report to say that you think that
23 viral encephalitis was still the most likely cause in
24 Claire's case; isn't that right?

25 A. Yes, that's correct.

1 Q. Absent the hyponatraemia and other --

2 A. For the reasons I have given to you, yes.

3 Q. -- that you can't speak to.

4 A. What I would hypothesise here, or the hypothesis that

5 I would put to Professor Harding, would be: can you get

6 a massive rise in intracranial pressure consequent upon

7 cerebral oedema before you have had a chance for white

8 blood cells to migrate into the brain matter? Because

9 I think that's the determinant that histopathologists

10 would use to say that encephalitis was present.

11 I'm not so taken by his final sentence:

12 "I have seen it occurring within 36 hours."

13 I'm sure that's perfectly possible. What I'm

14 interested in is: can you exclude the possibility that

15 you could have a failure of white blood cells to

16 infiltrate the brain matter after a period of three

17 days? And that's really the issue for discussion here.

18 But he's saying it's extremely unlikely. I find it very

19 difficult to reconcile these two because I'm strongly of

20 the opinion that there was a viral encephalopathic

21 process going on here.

22 Q. So in an attempt to square the circle between yourself

23 and Dr Harding, you're wondering if the cerebral oedema

24 happened so quickly that the white blood cells didn't

25 have a chance to get up to the brain, which would be the

1 histopathological evidence he would see? Is that the
2 correct interpretation of his evidence?

3 A. Assuming that I'm correct in my interpretation of how he
4 would make the diagnosis of viral encephalitis, which
5 I think I am correct in.

6 Q. I suppose I have to ask: some of this you're basing this
7 on the CSF result; would I be correct in that? Some of
8 your interpretation, you're basing on the CSF result.

9 A. Yes.

10 Q. And we've heard from you about the difficulty in
11 interpreting it post-mortem and the fact it was
12 bloodstained and the fact that the protein result seemed
13 to be a rogue result as well; you'd accept those three
14 things?

15 A. I do, for the reasons that I stated, that the protein
16 would have been estimated on a completely different
17 instrument from the derivation of the cell count.
18 I can't set that cell count on one side. It's very
19 abnormal and the differentiation of the cells into
20 lymphocytes would be very consistent with a viral
21 infection.

22 THE CHAIRMAN: But it also fits with the overall picture of
23 what happened to Claire from Monday onwards?

24 A. Yes. I'm just trying to think. If there had been no
25 issue with hyponatraemia, I would have been astonished

1 at Professor Harding failing to find no evidence of an
2 inflammatory process within the brain substance. But
3 of course, there is a suspicion that hyponatraemia may
4 have been responsible for the most or all of the
5 cerebral oedema, in which case that would be consistent
6 with his finding. I was thinking again about this
7 overnight and I was thinking that maybe what happened
8 was that there was a -- I think it's very highly likely
9 that there was a viral infection and there was viral
10 infection of the central nervous system. Maybe it was
11 not as advanced to give an infiltration of white blood
12 cells into the brain tissue, but I think the evidence is
13 very strong that there was such an infection present.

14 If that then caused inappropriate ADH secretion,
15 which was then amplified by fluid mismanagement or
16 whatever, the too-low sodium concentration in the
17 infused fluids, maybe that exacerbated the cerebral
18 oedema. And there seems a clear pathological
19 possibility that that may have been the case. What I do
20 feel is that there was good evidence, strong evidence,
21 that there was a viral infection and that this was
22 within the intracerebral environment at the time of
23 Claire's death.

24 MR REID: I suppose, just to complete the last question
25 I was asking you: in the context of those three

1 elements, is it possible that one can make
2 a misinterpretation of that CSF result, that maybe one
3 shouldn't rely on the reliability of that particular
4 result, given those factors that might affect its
5 reliability?

6 THE CHAIRMAN: Sorry, just to spell it out, in other
7 words: the query is because some elements of the CSF
8 result are unbelievable, do you then discount the whole
9 CSF result?

10 MR REID: Yes.

11 A. No, I don't, because they would have been carried out on
12 different analysers. I can't account for the protein,
13 but I can't ignore the red blood cell and the white
14 blood cell count and the white cell differentiation.

15 Q. I'm sure there might be some other points on that, but
16 I'll move on. Just to be very clear -- and you make
17 this point at 233-002-016 of your report, and this is in
18 regard to meningitis, you say:

19 "Clinically, meningitis in a child of Claire's age
20 would normally be manifested by a combination of fever,
21 headache, stiff neck and sometimes accompanied by
22 photophobia (a dislike of bright lights). The first
23 three of these were all absent and the latter is a
24 subjective sign. Thus, there was no real clinical
25 evidence of meningitis. Further, had there been

1 meningitis, it would have been obvious at autopsy. Thus
2 meningitis, either bacterial or viral, can be safely
3 excluded."

4 Can I take from that, professor, that you
5 unequivocally believe there was no meningitis in
6 Claire's case?

7 A. Yes.

8 Q. If I can then refer you to the autopsy report at
9 090-054-192. If we just look at the comment section for
10 the moment, it says:

11 "The reaction in the meninges and cortex is
12 suggestive of a viral aetiology, though some viral
13 studies were negative during life and on post-mortem
14 CSF."

15 Sorry, in the sentence at the start:

16 "The features here are those of cerebral oedema with
17 neuronal migrational defects and a low-grade sub-acute
18 meningoencephalitis."

19 Firstly, professor, would you agree with the
20 statement that was made in the autopsy report that some
21 viral studies were negative during life and on
22 a post-mortem CSF?

23 A. No. The viral studies being referred to here must be
24 the IgM antibody levels and the paired serum results.
25 And as I explained earlier, these are of no interpretive

1 value at all, either positive or negative. So you can't
2 say they were negative; they just don't give you any
3 information at all.

4 Q. And it also says they were negative on post-mortem CSF.

5 A. There weren't any virology studies on the post-mortem
6 CSF.

7 Q. Would you have expected the raised number of leukocytes
8 to have been mentioned?

9 A. Yes, I would, actually because that's the strongest
10 evidence that there was an infectious process going on
11 within the CSF.

12 Q. If we bring up page 191 as well as 192, please. On 191,
13 the cortex and white matter, it says that:

14 "The sections show there is focal meningeal
15 thickening and a cellular reaction in the meninges and
16 perivascular space in the underlying cortex."

17 I know you're not a pathologist, but do you have any
18 comment to make about that in terms of possible
19 infection?

20 A. I don't know what Dr Herron means by "focal meningeal
21 thickening". A "cellular reaction in the meninges" I
22 would interpret as being an infiltration of white blood
23 cells, either polymorphs or, more likely in this case,
24 lymphocytes because there was a lymphocytic excess.
25 That would be consistent with a viral meningitis, but

1 there was no evidence from Claire's picture that she had
2 viral meningitis, whereas there was a clinical picture
3 that was highly consistent with a viral encephalitis.

4 If you get inflammation of the brain substance
5 in the same way that the meninges are closely applied to
6 the brain, the brain is closely applied to the meninges,
7 so if there was an inflammatory process going on within
8 the brain substance, it wouldn't be unexpected that you
9 would get a sympathetic infiltrate into the meninges.
10 This is not a terribly clear report, I have to say, and
11 of course it's contradicted by Professor Harding, who
12 didn't find any abnormalities at all other than that of
13 cerebral oedema and the changes that he described,
14 really, which he thinks occurred at the time that she
15 coned.

16 Q. And indeed I think the report of Dr Squier, the
17 inquiry's expert on pathology, found no evidence of
18 meningitis or encephalitis as well.

19 A. That would be consistent with Claire's clinical findings
20 in terms of her presentation and her state before she
21 died.

22 Q. On the right-hand side, the features here of those are
23 "cerebral oedema with neuronal migrational defect".

24 I presume that's something you can't comment on; would
25 that be right?

1 A. Cerebral oedema is unsurprising. I don't know anything
2 about neuronal migrational defects.

3 Q. You do know about low-grade sub-acute
4 meningoencephalitis, I presume.

5 A. Yes. Encephalitis, I can believe. Meningitis, I can't
6 believe. It is a term that's used very loosely by a lot
7 of people.

8 MR REID: Mr Chairman, if we can put what some of the other
9 inquiry experts have said about your and Dr Evans'
10 hypothesis.

11 First of all, if I can bring up Dr Scott-Jupp at
12 234-002-011. This is an inquiry expert who is
13 a consultant paediatrician. He is asked:

14 "Are the comments of Dr Dewi Evans regarding the CSF
15 findings appropriate?"

16 He concedes that he's not an expert in the area:

17 "I agree that Dr Evan's finding of an abnormal ratio
18 of white cells in the CSF compared to the blood is
19 significant. My caveat in this is that the CSF was
20 taken post-mortem and I'm not sure what changes in the
21 CSF would be expected after death. But assuming it is
22 the same as in life, then this is significant. From
23 this finding, there is good evidence there was some
24 inflammatory activity in the meninges resulting in the
25 increased number of white cells above that expected

1 in the CSF, and this would be evidence to support
2 a diagnosis of meningitis or encephalitis contributing
3 to Claire's death.

4 "I also note the CSF protein was raised."

5 And he has inserted his own decimal points:

6 "I am surprised that this finding was not mentioned
7 by either the pathologist who did the initial autopsy or
8 by the expert neuropathologist commenting on the case."

9 Would you agree with Dr Scott-Jupp's assessment
10 in that paragraph?

11 A. I would, except that I would say that encephalitis is
12 much more likely than meningitis, for the reasons that
13 I've given to the inquiry.

14 THE CHAIRMAN: In fact, you effectively exclude meningitis,
15 don't you?

16 A. I do, because I think it would have been clear-cut and
17 obvious at post-mortem, and Claire never had any
18 symptoms of meningitis.

19 THE CHAIRMAN: Just one other thing: Dr Scott-Jupp is also
20 saying that on his -- well, we'll hear from him on
21 Monday, I think. He seems to have tried to make sense
22 of the protein finding.

23 A. If he's right, then I did say that a 0.95 would be
24 entirely consistent with either meningitis or
25 encephalitis.

1 THE CHAIRMAN: He then makes a point that, if that is right,
2 which might make things easier, he then says he would be
3 surprised that that finding wasn't mentioned by anybody
4 along the way.

5 A. Well, this was a post-mortem CSF. This would be
6 consistent, of course, with Dr Herron having drawn these
7 results together and the possibility that the protein of
8 95 grams was a transcription error. That is
9 a possibility, which hadn't occurred to me before. But
10 certainly, if the true level was 0.95, then that's
11 indicative of a leaky blood-brain barrier, which you
12 would see either in meningitis or in encephalitis.

13 THE CHAIRMAN: If that is the case, which may be
14 a possibility, do you have any comment or do you share
15 Dr Scott-Jupp's surprise that that finding was not
16 mentioned by anybody commenting on the case?

17 A. Yes, I think they probably should have done,
18 particularly a neuropathologist, I would expect to make
19 a comment on that. Actually, no, I think I'd expect
20 both of them to make a comment on it.

21 THE CHAIRMAN: Because it's significantly higher than the
22 upper limit?

23 A. Yes. And exactly what you would expect to see in a case
24 of an acute brain infection.

25 MR REID: I think I would say, Mr Chairman, from my own

1 recollection, I think that the inquiry's expert on
2 neuropathology, Dr Squier, has stated that she wouldn't
3 have great experience herself of interpreting
4 post-mortem CSFs, just to put that on the record as
5 well.

6 If I can also bring up page 12, there, Dr Scott-Jupp
7 himself is asked to square the circle between the
8 experts. He thinks there will always be uncertainty in
9 this case:

10 "Regarding Claire's history of presenting symptoms,
11 this could be caused by caused by a progressive viral
12 encephalitis or encephalopathy, as suggested by the CSF
13 findings. And this was also suggested by the
14 preliminary post-mortem."

15 A. I'm sorry, I haven't yet found that on the page.

16 Q. It's on the very bottom just below the highlighted
17 section.

18 THE CHAIRMAN: Is it paragraph 16?

19 MR REID: Yes.

20 THE CHAIRMAN: On page 11.

21 A. Right. (Pause).

22 MR REID: In the very final two sentences of 16, he says:

23 "On the facts of the case as presented, it is
24 entirely plausible that acute deterioration and the
25 cerebral oedema with coning were caused by

1 hyponatraemia. However, it remains also plausible that
2 the initial presenting illness was caused by a viral
3 encephalitis or an encephalopathy, and that the
4 hyponatraemia was a secondary phenomenon."

5 Do you have any comment to make about that?

6 A. Well, I agree with the second, but not the former.
7 I think there's very strong evidence that there was
8 a viral infection that caused Claire's initial admission
9 to hospital.

10 Q. Although I think you accept that you don't know whether
11 or not the cerebral oedema in Claire's case may have
12 been caused by the hyponatraemia or encephalitis or any
13 other cause.

14 A. Well, caused or exacerbated by, yes.

15 THE CHAIRMAN: But your emphasis, as I understand it, is
16 probably encephalitis leading on, which perhaps is some
17 fluid mismanagement led on to hyponatraemia?

18 A. Yes, sir, but I would just reiterate again that Claire
19 had hyponatraemia before she got into hospital --

20 THE CHAIRMAN: Yes.

21 A. -- which would be consistent with a viral encephalitis,
22 which may then have been exacerbated by fluid
23 resuscitation.

24 THE CHAIRMAN: Can you say this, and if you can't, please
25 don't try to answer it: accepting that the sodium level

1 was slightly low when she came into hospital, at 132,
2 without fluid, without some level of fluid
3 mismanagement, how likely is it that it would have gone
4 down to 121?

5 A. I think that's very unlikely. Inappropriate ADH
6 secretion associated with viral infections is not
7 normally severe.

8 THE CHAIRMAN: So on its own, the encephalitis leading to
9 the SIADH, leading to low sodium, is unlikely to bring
10 her down in your experience to --

11 A. I would have thought so. I would have thought that was
12 true.

13 THE CHAIRMAN: So we end up in a case, which I think you and
14 others recognise, where it is rather hard to work out
15 exactly what happened.

16 A. Yes.

17 THE CHAIRMAN: You end up with almost certainly
18 a combination of factors --

19 A. Yes.

20 THE CHAIRMAN: -- but unfortunately, many, many missed
21 opportunities to put things right.

22 A. I think there were, yes.

23 MR REID: If I can also compare, for the sake of balance,
24 Professor Neville, 232-002-014. He's asked similar
25 questions to Dr Scott-Jupp. He says at 15:

1 "I am not sure how reliable post-mortem CSF cell
2 counts are. There was not a gross excess of white cells
3 and the post-mortem did not show evidence of
4 meningoencephalitis."

5 Although that does seem to be at odds with the
6 autopsy report:

7 "Thus I do not regard this as a well supported
8 conclusion."

9 A. I don't agree with the comment there was not a gross
10 excess of white cells. I think that's just not right.

11 Q. Sorry, just so you know, Professor Neville is the
12 inquiry's expert on paediatric neurology, but you say
13 that you think there was a gross excess of white cells?

14 A. I do.

15 MR REID: Mr Chairman, perhaps if we take a short break,
16 I can take some questions from the floor.

17 THE CHAIRMAN: What happens at this stage, professor, is
18 that Mr Reid has effectively finished his questioning.
19 The other parties may have some additional questions to
20 ask. We try to liaise those through Mr Reid rather than
21 have a series of barristers jumping up and asking you.
22 So if you would give us a few minutes.

23 (12.48 pm)

24 (A short break)

25 (1.02 pm)

1 MR REID: Mr Chairman, just a few housekeeping matters.
2 I brought to the professor's attention the result at
3 090-032-110 before the break. Myself and Mr McAlinden
4 have checked that particular sheet in the original notes
5 and we can confirm that it's not signed and the date of
6 the specimen and the date of the result are indeed
7 24 October 1996. Why that is is unclear, but it's
8 certain that the date of the specimen and the result is
9 24 October.

10 THE CHAIRMAN: Does that confirm your comment about the
11 unreliability of dates?

12 A. I think it's very unlikely this was a true post-mortem
13 blood sample, sir.

14 MR REID: Secondly, Mr Chairman, I was referring to
15 Dr Scott-Jupp's --

16 THE CHAIRMAN: Sorry, just a moment. That's 110. I thought
17 the query had arisen earlier about 112. Am I wrong
18 in that? 090-032-112. Was I looking at the wrong page?

19 MR REID: Either way, Mr Chairman, the correct one is 110.

20 THE CHAIRMAN: But they're different --

21 MR REID: Yes. 112 is a result from 6 am. That's confirmed
22 by 090-057-207. The one at 110 doesn't appear seemingly
23 on the medical notes and records or on the PICU charts.
24 As I say, it's dated 24 October.

25 THE CHAIRMAN: Thank you.

1 MR FORTUNE: I'm not sure I understand that because if you
2 look at 112, the leukocytes, 5.7, and if you look at the
3 schedule, 310-022-001, the leukocytes are 5,540. No
4 doubt my learned friend Mr Reid can assist us.

5 THE CHAIRMAN: That ties in with page 110.

6 MR FORTUNE: Yes.

7 MR REID: It seems there is an error on the schedule,
8 Mr Chairman. That's the point. I will ensure that the
9 schedule is amended. The schedule should read "5.7"
10 because that's the result that's on 112 and on the PICU
11 chart. As Mr Fortune correctly points out, the 5.54
12 figure seems to be from a separate time, 24 October.

13 THE CHAIRMAN: And it's the 110 which is a bit
14 unsatisfactory at the moment?

15 MR REID: That is correct. Thank you to my learned friend
16 for sorting that out.

17 If I can refer to Dr Scott-Jupp's report at
18 234-002-011. We were referring to this before the break
19 as well, professor. On the final four lines of
20 answer 15 he says:

21 "It is also of note the CSF protein was raised at
22 0.95 --"

23 And I may have incorrectly read out "grams per
24 litre", but in fact, Dr Scott-Jupp has written
25 "milligrams per litre".

1 If we bring up alongside that 090-030-095, we can
2 see that the amount used there is "grams per litre".
3 A. The latter is correct.
4 Q. "Grams per litre" is correct?
5 A. Yes.
6 Q. That may well be a typographical error on
7 Dr Scott-Jupp's account because I think 0.95 milligrams
8 per litre is 0.0095 grams per litre.
9 THE CHAIRMAN: So it's going the wrong way?
10 MR REID: Yes.
11 THE CHAIRMAN: That actually takes away your suggestion,
12 which were a bit ambivalent about anyway, which might
13 have been that Dr Scott-Jupp might have had the correct
14 interpretation, but he doesn't seem to have had, does
15 he?
16 A. He may well have the correct interpretation, but he's
17 just put the wrong units in. It's regrettably common
18 among medical experts. On the whole, when they write
19 their reports, they don't put any units in at all.
20 MR REID: And to be fair to Dr Scott-Jupp, Mr Chairman, he
21 does then say that the upper limit is 0.45 in comparison
22 to the 0.95.
23 A. Which should be "grams per litre", really.
24 Q. Yes. If I can call up the evidence of Dr O'Hare from
25 18 October 2012 at page 188.

1 THE CHAIRMAN: She was the overnight registrar on Monday
2 night/Tuesday morning, professor.

3 A. Thank you.

4 MR REID: At the end of your evidence she wanted to make
5 a point just about the post-mortem CSF. She looked
6 at the protein score of 95 and she said that the normal
7 range is 0.15 to 0.45, so that is about 200 times what
8 it should be:

9 "I'm not a forensic microbiologist, but I've had
10 some sub-specialty training in infectious diseases.
11 That indicates to me that there was a significant
12 leakage post-mortem."

13 She goes on to say that you need to be very
14 carefully when we're interpreting post-mortem CSFs.
15 Do you have any comment to make about what Dr O'Hare
16 says there, that there may have been a significant
17 leakage post-mortem?

18 A. Well, I think what she means by that is that there's
19 some blood contamination of the CSF. If you look at the
20 numbers of red blood cells, it amounts to approximately
21 about a 1 in 10 contamination of blood, so there's
22 one-tenth blood and nine-tenths CFS.

23 Q. So effectively you're saying that there was a leakage
24 post-mortem but that you don't think there was
25 a significant --

1 A. It may have been a leakage, but more likely it was
2 during the collection of the specimen.

3 THE CHAIRMAN: To be fair to Dr O'Hare, wasn't she saying in
4 everybody's interest, but especially Mr and
5 Mrs Roberts', she was a bit uneasy about dismissing the
6 protein result as a rogue result? But really what she
7 was doing was trying to square the circle in the same
8 way as everybody else has been trying to square the
9 circle.

10 A. I think the point has been made -- and is quite right,
11 Mr Chairman -- that the decimal point has got in the
12 wrong place. The only credible way of interpreting that
13 9 and 5 is as 0.95 grams per litre.

14 THE CHAIRMAN: Right.

15 A. Other than that, you would have to set it on one side
16 and say it's meaningless.

17 MR REID: I have a number of questions that have been handed
18 up to me, professor.

19 First of all, is it possible to have a CSF that
20 indicates infection and a blood cell count that records
21 no infection?

22 A. By that you mean a normal peripheral white blood cell
23 count, but a truly infected CSF?

24 Q. Yes.

25 A. Commonplace, very commonplace.

1 Q. And indeed that seems to have actually happened in
2 Claire's case because the blood samples from the morning
3 of the 23rd show quite low white blood cell counts, or
4 normal white blood cell counts, while the CSF indicates
5 a high number of white blood cells.

6 A. Particularly common in viral infections.

7 Q. In Claire's case, there was cerebral oedema which lead
8 to coning and brain death. Is there any way that
9 through that mechanism of cerebral oedema and coning
10 that there could be a leak into the blood-brain barrier
11 and that might lead to an increase in the number of
12 white blood cells in the CSF?

13 A. Can you try rephrasing that? I'm not quite clear what
14 the hypothesis is here.

15 Q. I think the point is that there's obviously pressure
16 in the brain with the brain swelling and the cerebral
17 oedema and the fact that there's so much pressure, that
18 leads the brain to cone down the foramen magnum; isn't
19 that right? That's the mechanism of the brain death --

20 A. Yes.

21 Q. -- and the trauma that happens to the brain as a result.
22 I know you're not a neurologist, but is there any way
23 that that pressure and that trauma can cause a leak of
24 white blood cells through the blood-brain barrier so
25 that there are white blood cells in the CSF?

1 A. No, I don't think that would happen. The meninges would
2 remain intact. The outer meningeal membrane is
3 extremely tough and hard to penetrate. Actually, the
4 blood-brain barrier is more -- it's inside that, I'm
5 sorry, I'm just thinking on my feet here. I don't think
6 you would see that.

7 Q. So the pressure of that might cause brain cells to die
8 and might cause flattening of the gyri and things of
9 that nature, but you don't think that that pressure
10 could cause that blood-brain to --

11 A. Break down on itself? No, I don't think so.

12 Q. And so is there any way that you think that you might
13 consider that the cerebral oedema in itself might have
14 somehow caused an increase in the number of white blood
15 cells in the CSF?

16 A. No, it would be the underlying cause of the cerebral
17 oedema that would be the cause of the breakdown in the
18 integrity of the blood-brain barrier.

19 Q. So you think there's no cause or link that the cerebral
20 oedema caused the increase in the white blood cells; you
21 think --

22 A. It was whatever was the cause of the cerebral oedema
23 that caused it, yes.

24 Q. I'm not sure how far you can help us with this, but if
25 I can bring up reference 090-022-057. This is the note

1 just after the time of Claire's respiratory arrest and
2 transfer to PICU. On the left-hand side there is a note
3 of her osmolality, which is 249. Do you have any
4 expertise in looking at osmolality figures?

5 A. No. Sorry.

6 Q. I think that answers that particular question.

7 The final question I have is: you have said that you
8 think that there was a viral encephalitis and that might
9 have led to SIADH and hyponatraemia and all of those
10 would have contributed to the cerebral oedema, which was
11 the terminal event in Claire's case; would that be
12 correct?

13 A. Yes.

14 Q. The question I've been asked to ask you is: if the
15 hyponatraemia in itself had been treated, do you think
16 that Claire would have survived? I know that that might
17 not be within your expertise.

18 A. That's a very difficult question to answer, but if my
19 belief and hypothesis is correct that there was an
20 underlying viral encephalitis, it depends on the outcome
21 of that encephalitis in the absence of a complication
22 associated with osmotic changes and the sodium levels.
23 The outcome of viral encephalitis is very hard to
24 determine because it's a very hard diagnosis to be
25 accurate about. It's suspected probably more often than

1 it's proved. It's extremely hard to isolate the viruses
2 that cause encephalitis, so it's a very fuzzy diagnosis
3 to make in specific pathological terms, as we have seen
4 in this case, but also in specific microbiological
5 terms.

6 In general, though, the outcome of encephalitis is
7 quite poor with quite a high fatality rate and a high
8 rate of neurological morbidity amongst survivors. By
9 high, I would hazard a guess of something like 60 to 70
10 per cent of patients would either die or have serious
11 neurological morbidity. Maybe even a little bit higher
12 than that. I'm talking now quite strictly about
13 encephalitis and not viral meningitis, which has
14 generally a very benign outlook. Is that an adequate --
15 have I addressed the question?

16 THE CHAIRMAN: You have indeed. In a sense, that makes it
17 all the more urgent to be responding at the earliest --
18 because the outcome is so commonly disastrous, that
19 makes it all the more urgent for you to follow up when
20 you get results which show raise question marks --

21 A. Yes, that's true, sir.

22 THE CHAIRMAN: -- from the early hours of the Tuesday
23 morning when the initial blood tests came back to
24 repeating blood tests all through Tuesday?

25 A. Yes. I should elaborate a little more than that.

1 I want to qualify what I've just said about the outcome.
2 It's very likely that there are mild cases of viral
3 encephalitis which have a better outcome and it's very
4 hard to get a handle on those. So it is possible that I
5 have given you rather pessimistic figures about the
6 outcome there.

7 THE CHAIRMAN: Are the figures you have just given us based
8 on cases where it is definitively diagnosed --

9 A. Yes.

10 THE CHAIRMAN: -- as opposed to cases where it may be
11 missed?

12 A. Yes.

13 THE CHAIRMAN: And the problem about adding those in is that
14 they're, by definition, unquantifiable so you --

15 A. It's very hard to know what the denominator is in this
16 case to estimate the numerator. So it's possible that
17 the figures I've given you are too pessimistic.

18 Then with regard to the urgency of making the
19 diagnosis: as I said before, the commonest identified
20 cause of viral encephalitis is herpes simplex, which is
21 the only viral encephalitis for which there is a
22 specific antiviral agent, which is acyclovir, which you
23 can give.

24 There are very good data to show that the speed with
25 which you start acyclovir treatment is absolutely

1 critical in reducing the morbidity and mortality in the
2 disease. To start treatment 24 hours earlier makes
3 a huge and dramatic difference in the outcome. So had
4 this been a herpes encephalitis, then it would have been
5 imperative to have identified that as quickly as
6 possible and/or to have started acyclovir either because
7 viral infection was suspected or very likely because of
8 a high lymphocyte count or, alternatively, to have
9 started it on an empirical basis.

10 THE CHAIRMAN: Okay. Thank you.

11 MR REID: Just an issue arising from that.

12 If I can bring up 090-022-055, please. This is
13 Dr Webb's note of his final attendance with Claire on
14 22 October at 5 o'clock. At plan number 1 he says:

15 "Cover with cefotaxime and acyclovir for 48 hours.
16 I don't think meningoencephalitis very likely."

17 The acyclovir is only then administered at 9.30, so
18 that's four hours later. Do you want to make any
19 comment in regards to that?

20 A. Yes. If you're going to give it, you give it faster.

21 Q. Is four hours a delay? Is it a significant delay?

22 A. Yes.

23 THE CHAIRMAN: In the time frame that you've just given --

24 A. Yes.

25 THE CHAIRMAN: -- any delay is significant.

1 A. If this was a herpes simplex encephalitis, you need to
2 be giving it within an hour, and that should have been
3 given much earlier than that if there was even
4 a suspicion of viral encephalitis.

5 MR REID: Mr Chairman, to be fair, I'm sure Mr Sephton's
6 about to say that Dr Webb in his statement says that he
7 does not know why the acyclovir wasn't administered
8 quickly and he would have expected it to have been
9 administered within an hour, but the fact is it wasn't
10 administered until 9.30; is that right?

11 A. Yes --

12 THE CHAIRMAN: Go back -- sorry.

13 MR SEPHTON: The other point I was going to make, if I may,
14 was that, as I understood the professor's evidence, it's
15 highly unlikely that this was a herpetic infection; it
16 was more likely to be enterovirus.

17 A. Yes. I was going to come on to the causative
18 consequence of giving it earlier. I think it's unlikely
19 it was a herpes infection.

20 THE CHAIRMAN: Let's go back a page before that, 052 and
21 053, the ward round. You'll probably have seen this,
22 professor, but if you look, the ward round at the bottom
23 of page 52 is taken by Dr Sands and the note of it is by
24 Dr Stevenson. But you'll see on page 53, on the
25 addition of encephalitis and encephalopathy -- Dr Sands'

1 evidence to the inquiry has been that although there was
2 discussion about non-fitting status, there was also
3 consideration to it being encephalitis. This is some
4 time around 11-ish, maybe 11.30.

5 You've just made the comment about Dr Webb's
6 diagnosis or plan at 5 pm. But do I take it the same
7 observation applies: if encephalitis was identified as
8 at least a differential diagnosis at the time of the
9 ward round, then that was certainly an earlier time to
10 start the treatment?

11 A. Yes, or to discuss with a consultant paediatrician and
12 to agree whether or not this was seriously entertained
13 as being within the differential diagnosis, and if it
14 wasn't, you don't need to give acyclovir. But if it
15 was, you should give acyclovir and start it within
16 an hour.

17 THE CHAIRMAN: And I'm afraid then we get into the missed
18 opportunities, as Tuesday drifts onwards.

19 A. Yes.

20 THE CHAIRMAN: Okay.

21 MR REID: No further questions for the professor,
22 Mr Chairman.

23 THE CHAIRMAN: No questions?

24 Professor, thank you very much indeed. Can I ask
25 you if you'd do us one favour. As you'll have seen,

1 with next week's evidence and the weeks to follow.

2 Thank you very much. 10 o'clock tomorrow.

3 (1.25 pm)

4 (The hearing adjourned until 10.00 am the following day)

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I N D E X

PROFESSOR KEITH CARTWRIGHT (called)1
 Questions from MR REID1

