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COLD ISCHEMIA AND OUTCOME IN 17,937 CADAVERIC KIDNEY TRANSPLANTS^{1,2}

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To determine if cold preservation time continues to affect renal transplant outcome, prospectively col-

lected data from 17,937 cadaveric renal transplants performed between 1982 and 1991 were analyzed. Cold preservation intervals of 1-16, 16-32, 32-48, and greater than 48 hr were studied by multi- and univariate methods for two time periods: 1982-1989 (n=13800) and 1990-1991 (n=4137). The functional one-year graft survival for kidneys stored over different intervals was significantly different (P<0.001) only for

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the 1982-1989 epoch: one-year allograft survival ranged from 76% (1-16), to 72% (16-32 and 32-48) to 74% (>48) hr. One-year graft survival ranged from 81 to 83% for the four preservation times in 1990 through 1991 ($P=NS$). Overall actuarial graft survival was 76% (74% prior to 1990, and 82% after 1990). Factors significantly ($P<0.0001$) affecting kidney transplant outcome before and after 1990 were delayed graft function (DGF): $n=4232$, 65% one-year graft survival; retransplant status: $n=3029$, 67% one-year graft survival; and HLA match at three or more loci: $n=6067$, 79% one-year graft survival. While DGF occurred more often with prolonged preservation, kidneys with DGF had similar survival regardless of preservation duration. Before 1990, pretransplant transfusion was associated with better and black recipient race with worse outcome; neither transfusion nor recipient race had any effect after 1990. Patients receiving kidneys preserved for longer periods demonstrate one-year graft survival comparable to kidneys preserved for shorter periods. Prolonged cold ischemic time should no longer be a principal reason for considering organ discard.

Over 25,000 patients await cadaveric renal transplantation in America. During 1993, 4849 cadaveric donors in the United States represented a potential 9698 kidneys for transplantation (1). Of these, 8162 (84.1%) were transplanted, leaving 1536 kidneys, many of which were recovered but not transplanted. Kidney discard rates are increasing, and non-recovery or discard may occur for numerous reasons, among which are anatomic abnormalities, organ contamination, prolonged cold ischemia, and donor circumstances precluding kidney recovery (2-4). The number of waiting patients is increasing rapidly while the number of organ donors is not (5). Thus, every kidney that is recovered should be used and discard must not occur unless sound reasons for wasting the kidney are evident.

While kidney sharing in the United States has been shown to be both workable and advantageous (4-8), transport of organs increases cold ischemic times. Longer cold ischemia has been associated with high rates of delayed graft function, which is associated with increased morbidity and is a detrimental factor to graft and patient survival (9-12). Certain patient populations such as military dependents or island dwellers often receive kidneys stored for prolonged periods because the patient, the organ, or both must travel long distances to the transplant center. In addition, the kidney shipped to a distant center for a specific patient may not be used, and transport to another center for the next computer-selected recipient results in even longer cold ischemia.

Despite known preservation capabilities, questions regarding extended cold ischemia and ultimate outcome in organ transplantation remain (13-15). In addition, the use of nephrotoxic drugs in the immediate posttransplant period compels a critical assessment of any kidney stored ex-vivo for a prolonged time (16, 17). To determine the impact of preservation time on renal transplant outcome, prospectively collected data from the South-Eastern Organ Procurement Foundation (SEOPF) member institutions were studied. The intent was to detect the presence or absence of any adverse effect of prolonged renal allograft ex-vivo preservation on renal allograft survival.

MATERIALS AND METHODS

From January 1, 1982 to December 31, 1991, data on 17,937 cadaveric kidneys transplanted by the 48 SEOPF member institutions were entered into the SEOPF data base. All cadaveric kidney plants performed by a SEOPF institution during this period were included. All organs were distributed through the allocation algorithms of the United Network for Organ Sharing (UNOS) SEOPF. Each SEOPF member institution has submitted information about all transplants since June of 1977; UNOS collected those data since October of 1987 (3-7). Information about the organ donor, the kidney, the transplant recipient, and posttransplant follow-up data enable tracking of kidneys from point of recovery to current posttransplant outcome. The data acquisition, computer entry, and quality control have been confirmed and reported; both data bases have been used to link circumstance and graft outcome in a number of studies using multivariate statistical techniques (2-7, 11, 12, 18, 19).

Multivariate analyses were performed using the Cox proportional hazards model (20). Demographic variables were compared using standard chi-square methods. Covariates were considered for association with outcome when $P<0.05$, and the relative risk was >1.20 or <0.85 . Life table analysis to determine patient survival curves and the probability of difference between curves calculated by both the Breslow (generalized Wilcoxon) method and the Mantel-Cox (Savage) method (21, 22). The former allows weight to early differences that could relate to preservation time, while the latter allows more weight to later differences. Current actuarial survival was calculated using fully reported data; complete reporting prompted withdrawal of the recipient from analysis.

Factors included in the Cox proportional hazards model included demographic data as well as information deemed important to come as related to the donor, the kidney, and the recipient (1). Separate analyses were performed by partitioning the study patients into those who received kidneys preserved for 1-16 hr, 17-32 hr, 33-48 hr, and more than 48 hr. Since cold preservation in University of Wisconsin solution became widespread after 1987, differences in outcome related to duration of preservation before and after January of 1990 were sought through a separate analysis of variables for those 13,800 kidneys transplanted before January 1, 1990, and the 4137 kidneys transplanted in 1990 through 1991.

Donor and recipient HLA antigen profiles were linked to determine grade of match. Of any six HLA A, B, and DR antigen typed, a good match was defined as antigen matching at three loci; a poor match was defined as a zero-, one-, or two-HLA match. Preservation by static cold storage or pulsatile method (both) was noted. Kidney sharing meant that the organ was reported by one reporting institution (transplant center or OPO) and transplanted at another. Current percent panel-reactive antibody titer was chosen as a variable that would denote the immunologic reactivity of the patient at the time of transplantation; shared among SEOPF centers allowed for a preliminary crossmatch (one-month-old) sera prior to shipping a kidney. Delayed graft function was defined as dialysis during the first postgraft week.

TABLE 1. Data analyzed in 17,937 cadaveric renal transplants

Donor/kidney	Recipient
Age/race/gender	Age/race/gender
HLA profile	HLA profile
Multiorgan donor: yes/no	Regraft: yes/no
Preservation method: pulsatile/static/combination	Prior transfusion: yes/no
Duration of preservation (hr): 1-16; 16-32; 32-48; >48	Panel-reactive antibody >6 Dialysis first postgraft week
	Graft survival

the entire 17,937 kidneys, 11,291 (63%) were transplanted in 10,938 (61%) in white recipients, and 3029 (17%) in patients previously received a kidney transplant. An HLA match at three or more loci (good) occurred in 6067 (34%) transplants. A current PRA greater than 60% was reported in 927 (5%) recipients. There were 872 (5%) kidneys from donors age 55 years or greater. Delayed graft function occurred in 4232 (24%) of the entire study population. Only 1034 kidneys (6%) were preserved only by pulsatile perfusion methods.

RESULTS

The length of cold preservation time of transplanted cadaveric kidneys was not a factor determining one-year graft survival in transplantation (Table 2). Kidneys preserved for more than 48 hr had one-year allograft survival similar to those of all kidneys preserved for shorter periods in each epoch. Graft function for kidneys stored 1-16 hours was better than for kidneys preserved for longer periods before 1990 ($P < 0.001$)—however, the 16-32, 32-48, and more than 48 hr groups demonstrated similar survival at one year in the 1982-1989 epoch. In the 1990-1991 epoch, one-year allograft survival was not dependent upon duration of kidney preservation, and a higher percentage of kidneys survived at one year than the 1982-1989 epoch. For the 13,800 grafts transplanted before 1990, one-year renal graft survival was 74%; for those 4137 transplanted in 1990 and 1991, one-year actuarial graft survival was 83%. For 17,937 kidneys, one-year actuarial graft survival was 76%. The strength of association and magnitude of effect on transplant outcome for each covariate demonstrating statistical significance (Cox model) is summarized in Table 3. Factors with the strongest association were delayed graft function, degree of match, retransplanted recipient, black race, and prior transfusion for all kidneys transplanted during the entire 10-year period and for those transplanted prior to 1990. During 1990 and 1991, however, the outcome for kidneys studied was most significantly associated with delayed graft function and degree of match at the $P < 0.0001$. Combined pulsatile-static preservation ($P < 0.003$), and transplantation ($P < 0.02$) adversely affected outcome. Donor race and gender were associated with a significant P value and risk ratio only in the 1990 to 1991 epoch. Similar to reports (5, 7), a greater number of white (3706; 80%) (2650; 64%) donors existed, but no particular clinical outcome pattern could be determined due only to donor race and preservation duration in univariate analysis. During the 1990-1991 period, the previously significant variation of recipient race and transfusion status had no demonstrable effect. Variables never affecting outcome included organ sharing, multiorgan recovery, recipient age, and recipient gender. The older donor organ and recipient sensitized with PRA > 60% were associated with poorer outcome

(univariate analysis only) in both epochs than overall outcome. Analyzed as covariates in the Cox model, none of the four categories of cold ischemia time influenced graft outcome.

Delayed graft function occurred significantly more often in kidneys preserved beyond 16 hr (Table 4). The 4232 kidneys having delayed allograft function demonstrated worse actuarial one-year graft survival than those 13,705 organs with immediate function (65% versus 79%; $P < 0.0001$). Delayed function was detrimental at all preservation times and in each of the two epochs reviewed (Table 5). One-year allograft survival, however, was not related to the duration of organ preservation when delayed graft function occurred. In neither epoch could delayed graft function be found to more adversely affect the kidney stored for a longer period as compared with an organ transplanted with a shorter cold storage time but still affected by delayed allograft function.

The 6067 patients matched at three or more HLA loci had a 79% graft survival at one year compared with 74% for the 11,870 kidneys matched at two or fewer HLA loci ($P < 0.0001$). Patients were more likely to have a good donor-recipient match (three or more HLA A, B, DR antigens) when receiving shared grafts regardless of preservation time ($P < 0.001$). The proportions of patients receiving shared, well-matched grafts for each of the four preservation periods were: 1-16 hours, 40%; 16-32 hr, 50%; 32-48 hr, 43%; and beyond 48 hr, 41%. Locally procured and transplanted kidneys demonstrated good HLA match in 27% of cases, and this proportion did not vary with different preservation times. Preservation time was not the sole factor affecting outcome in either poorly or well-matched kidney transplants (Table 5).

For the 3029 retransplanted patients, one-year graft survival of 67% was worse ($P < 0.0001$) than the 77% one-year graft survival in primary transplantation. Preservation time, however, had no demonstrable effect on retransplant outcome (Table 5). In the 1990-1991 era, the 13 kidneys preserved for more than 48 hr could not be evaluated by actuarial methods beyond five months. The 88% actuarial one-year allograft survival for the 85 kidneys preserved from 32-48 hr was not worse for retransplant recipients than for kidneys preserved for less than 32 hr.

Actuarial one-year renal allograft survival for 5743 black transplant recipients was not dependent upon the length of cold kidney preservation either before or after January 1990 (Table 5). Prior to 1990, one-year actuarial graft survival ranged from 68% to 73% (72% for grafts preserved beyond 48 hr), and in 1990 and 1991 graft survival ranged from 81% to 83% (82% for grafts stored more than 48 hr). While 70% one-year actuarial graft survival for 4423 black patients in the 1982-1989 epoch was below the 74% experienced for all patients, actuarial graft survival (82%) in 1320 black recipients transplanted in 1990 and 1991 was not practically different from that of all patients (83%) during those two years.

Donor age over 55 years (872 kidneys) and recipient panel reactive antibody > 60% (927 patients) were not significant factors in multivariate analysis, although each was associated with diminished one-year allograft survival as determined by univariate calculations (Table 5). When compared with short cold ischemia time, longer preservation times for kidneys from older donors or for kidneys transplanted to sensitized patients did not result in worse one-year graft survival.

Table 2. 17,937 Renal allografts and percent one-year actuarial survival by preservation time—1982-1989 and 1990-1991

Preservation (hr)	1982-1989		1990-1991	
	Number	% Survival	Number	% Survival
1-16	5398	76	1643	83
16-32	6078	72	1788	82
32-48	1988	72	614	83
>48	13,464	74	4045	83
All	336	74	92	81
All	13,800	74	4137	83

TABLE 3. Multivariate analysis of factors associated with renal allograft outcome

Variable	Parameter estimate	Standard error	PR> (chi-square)	Ris ratio
1982-1991 (17,937 transplants)				
Delayed function	0.47	0.027	0.0001	1.5
Match	-0.20	0.027	0.0001	0.8
Retransplant	0.30	0.030	0.0001	1.3
Recipient race	0.20	0.025	0.0001	1.2
Pre-TX transfusions	-0.24	0.030	0.0001	0.7
Preservation method	0.01	0.018	0.5584	1.0
Cold ischemia time	0.02	0.017	0.2296	1.0
1982-1989 (13,800 transplants)				
Delayed function	0.04	0.029	0.0001	1.4
Match	-0.17	0.029	0.0001	0.8
Retransplant	0.30	0.032	0.0001	1.3
Recipient race	0.23	0.027	0.0001	1.2
Pre-TX transfusions	-0.23	0.030	0.0001	0.7
Preservation method	0.02	0.019	0.2506	1.0
Cold ischemia time	0.01	0.020	0.4572	1.0
1990-1991 4,137 transplants				
Delayed function	0.84	0.068	0.0001	2.3
Match	-0.29	0.069	0.0001	0.7
Retransplant	0.22	0.089	0.0141	1.2
Recipient race	0.53	0.067	0.4284	1.0
Donor gender	-0.18	0.067	0.0064	0.8
Donor race	0.19	0.088	0.0291	1.2
Pre-TX transfusions	0.05	0.066	0.4071	1.0
Preservation method	0.29	0.091	0.0023	1.3
Cold ischemia time	0.02	0.043	0.6818	1.0

TABLE 4. Number of renal allografts and percent having delayed graft function (DGF) by preservation time for 17,937 kidneys

Preservation time hr	Transplant occurring 1982-1989			Transplant occurring 1990-1991		
	n	No. DGF	%DGF ^a	n	No. DGF	%DGF ^b
1-16	5398	1152	21	1643	348	21
16-32	6078	1471	24	1788	432	24
32-48	1988	551	28	614	158	26
>48	336	90	27	92	30	33
All	13,800	3264	24	4137	968	23

^a P<0.001 DGF occurring at different preservation intervals.

^b P<0.006 DGF occurring at different preservation intervals.

DISCUSSION

The judgement to accept a cadaveric kidney for transplantation to a particular patient utilizes information related to the donor, the organ, cold ischemia preservation status, and the recipient. An important feature in the clinical decision process has been duration of donor organ preservation (2, 4, 8, 9, 13-17, 19). Further, the length of preservation time may be perceived as affecting some circumstances more than others (5). For example, a transplant center might be positively inclined to accept a kidney preserved 48 hr or more if the kidney came from a young donor and was an excellent HLA match with the intended recipient. Other considerations would, of course, influence judgement, but the clinical presentation of a donor kidney incites questions in the receiving-transplanting institution related to a number of factors. This review of 17,937 kidneys disclosed that prolonged preservation time had no effect on one-year graft survival when multivariate analysis included a number of donor, preservation, and recipient factors. This was particularly true for the era of 1990-1991, when both static and pulsatile preservation techniques employed modern preservation solutions—mainly the University of Wisconsin solution.

Preservation times of 1-16, 16-32, 32-48, and more than

48 hr did not affect one-year actuarial graft survival. These data were analyzed by univariate methods (Table 5). Within the categories of kidneys from donors over 55 years of age, black recipient race, and the retransplant circumstance, longer organ preservation times could not be shown to adversely affect one-year actuarial allograft survival. Such a result is supported by prior analyses disclosing no additive adverse interaction of prolonged cold ischemia and donor or retransplant status (5, 7, 23). Well known to a recipient transplanting institution at the time any kidney is offered, these variables (i.e., older donor, black recipient, retransplant) may not be important at least insofar as a specific effect of extended preservation of kidneys is concerned. Lower one-year actuarial graft survivals for patients receiving kidneys from older donors and for retransplant patients are supported by other studies (5, 7, 8, 23, 24). The 1320 kidneys transplanted to recipients in 1990-1991 had renal allograft outcomes similar to all patients, a new and welcome circumstance.

Considerable study has related renal allograft outcomes to delayed graft function due, at least partly, to the duration of cold kidney ischemic time (2, 8-13, 24, 25). The use of nephrotoxic drugs (including immunosuppressants) is widespread, and nephrotoxicity may exacerbate a number of

TABLE 5. Number of renal transplants by category and percent actuarial graft survival at one year

Preservation time (hr)	Delayed function		HLA antigen match				Retransplant recipient		Black recipient		Donor age >55		PRA >60%		All	
	n	%	0-2		3-6		n	%	n	%	n	%	n	%	n	%
			n	%	n	%										
1982-1989:																
All	3264	64	9280	72	4520	77	2462	65	4423	70	537	70	772	67	13800	74
1-16	1152	64	3851	74	1547	80	926	67	1443	73	225	71	290	68	5398	76
16-32	1471	64	3957	71	2121	76	1150	63	2177	68	239	67	354	64	6078	72
32-48	551	64	1249	70	739	75	331	65	692	70	85	71	113	70	1988	72
>48	90	65	223	73	113	75	55	62	111	72	8	NC ^a	15	60 ^b	336	74
1990-1991:																
All	968	69	2590	81	1547	85	567	79	1320	82	335	75	155	75	4137	83
1-16	348	65	1069	82	574	85	219	80	476	83	100	75	160	73	1643	83
16-32	432	69	1086	80	702	85	250	74	594	81	174	74	65	72	1788	82
32-48	158	74	388	83	226	85	85	88	225	81	53	76	25	75	614	83
>48	30	76 ^b	47	77	45	83	13	77 ^b	25	82	8	NC ^a	5	NC ^a	92	81

^aNC = data not sufficient for calculation.

^bSurvival at five months; 12-month data NC.

in the early posttransplant period (16, 17, 26). In addition, large volumes of intravenous fluid given at the time of transplant surgery may lead to a need for dialysis within the first posttransplant week unless excellent early graft function occurs. This definition of delayed graft function (i.e., the need for dialysis in the first postgraft week) may need to be questioned. Many patients requiring a single or even a second dialysis treatment within one week of transplantation may not have a significantly dysfunctional kidney (28). For the 17,937 kidneys herein reported, delayed graft function was noted in 21% to 33% of transplants, a rate similar to that reported elsewhere (23, 27, 28), and delayed function did occur more frequently in kidneys preserved for a longer time. Further, allograft survival was worse when delayed graft function was noted. However, when delayed graft function occurred, it did not more adversely affect kidneys preserved for extended periods than it did kidneys preserved for 1 to 16 or 16 to 32 hr. In fact, in the more modern epoch of 1990 to 1991, all kidneys preserved beyond 32 hr and demonstrating delayed graft function did somewhat better than kidneys with delayed graft function transplanted before 32 hr of cold ischemia time. This may mean that delayed allograft function is a multifactorial clinical circumstance related to preservation time, but also related to a number of other factors (8, 9, 15, 24, 25, 28). Further, grafts demonstrating severe dysfunction may be lost from unsuspected immunologic rather than preservation events (29).

In the early 1980s SEOPF arranged for overseas use of these kidneys not accepted by any United States transplant center. A principal receiving institution was the Turkish Transplantation and Burn Foundation of Ankara, Turkey. In a report to SEOPF (10), that center gave details of 100 kidneys transplanted in 1983; 96 of the grafts had cold static preservation times of 48 to 108 (mean 69) hr. The preservation times for the other four kidneys were 24 to 44 (mean 37) hr. The principal preservation solution was Euro-Collins. Of these kidneys had primary nonfunction, and 87 grafts ultimately functioned, 80 of these for one month or more. Post-transplant dialysis was required in 80% of cases, so early graft function was the rule; cyclosporine was given to only one

patient, a recipient of a primary nonfunction kidney. Thus, by 1983, a cooperative international kidney sharing arrangement had demonstrated the functional potential of human cadaveric kidneys following very long cold preservation. Others have reported functional results with longer cold ischemia times not different from outcomes when preservation times were shorter (5, 7, 23, 25).

Results in renal transplantation have improved markedly over the last decade, with cadaveric graft survival of over 80% in many centers (2-8, 11, 13, 23-30). Newer immunosuppressive methods, better crossmatch techniques, and improved solid organ preservation have all contributed to this generally better outcome. That numerous variables continue to impact renal allograft survival, however, is expected, but prolonged cold ischemia is not similar to most other variables. Time passes inexorably without regard to donor, kidney, and recipient circumstances that do not change. Thus, in the decision to accept a kidney that has been ex-vivo for 24 hr, a surgeon suspects that revascularization before 36 hr is unlikely, and that cold ischemia time approaching 48 hr could be expected. Clearly, data reported herein document that functional viability of kidneys preserved to and beyond 48 hr may be expected with modern preservation methods.

During 1993, over 1500 kidneys from cadaveric donors were not recovered or were discarded following recovery and the intent to preserve and transplant the organ. A contributing reason for not using some of these organs was likely prolonged cold ischemic time. Data analysis of the 17,937 kidneys herein reviewed confirms some already documented predictors of bad or good outcome. Graft survival was adversely affected by recipient retransplant, poor match, and delayed graft function. Good outcome was more likely to occur in primary allograft recipients who received a well-matched organ with immediate graft function. Sharing of kidneys and duration of preservation did not adversely affect outcome. Kidneys preserved beyond 48 hr demonstrated functional one-year allograft survival not different from organs preserved for shorter periods. Kidneys preserved for prolonged periods should no longer be discarded for that reason alone.

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